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WellSpan Health Community Health Needs Assessment – York County

Summary of Findings

Center for OPINION RESEARCH

FRANKLIN & MARSHALL COLLEGE

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York County 2025 WellSpan Community Health Needs Assessment

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Introduction

The 2025 Community Health Needs Assessment (CHNA) offers insights into the health of the York County community. This report summarizes the CHNA data. The full WellSpan Community Health Needs Assessment report should be referenced for additional data and reporting summaries.

This report is co-authored by WellSpan Health and the Center for Opinion Research at Franklin and Marshall College.

Overview/Executive Summary: York County

York County, the largest service area within WellSpan, is home to approximately 457,051 residents and has experienced a 2.5% population growth since 2019. The median age in the county is 41.0, which is higher than both the state and national averages and comparable to neighboring counties. York County is one of the most racially diverse areas within WellSpan's footprint, with 8.3% of residents identifying as Black or African American and 8.5% identifying as Hispanic or Latino. The county features a mix of urban and suburban communities, including the city of York at its center and a smaller urban hub in Hanover. Diversity is most concentrated in York City and extends into surrounding suburban areas such as Red Lion, Manchester, and Mount Wolf.

Housing affordability remains a challenge for many residents, with the median home value reaching $220,700—an increase of $43,600 since 2022. More than 24% of households in the county allocate over 30% of their income to housing costs, and the median monthly rent of $1,094 mirrors the state median. The median household income in York County is $79,183, which exceeds the state median of $73,140 and is higher than in Adams, Franklin, and Lebanon Counties. However, economic disparities persist, with Black or African American households reporting a median income of $53,391 and Latino households at $50,802. While York County's poverty rate of 6.0 for families is lower than the state average, financial strain continues to impact certain populations.

York County's health rankings have declined in recent years, dropping from 19th in 2021 to 31st overall in 2023. Despite this, the county ranks 8th in clinical care, the highest in the region. However, its physical environment ranking, which considers factors such as air pollution, housing challenges, commuter traffic, and drinking water violations, places it at 50th. Additionally, York City continues to experience high per capita gun-related assaults, surpassing other counties in the region and cities of similar size. Drug-induced death rates and suicides have remained consistent with 2019 levels. The 2023 community survey indicates that residents face significant health concerns related to obesity, poor nutrition, lack of physical activity, and mental health struggles. Many adults in the county report being less physically active and experiencing heightened stress due to financial hardships.

Despite these challenges, York County demonstrates strength in health insurance coverage, with only 5% of residents uninsured and just 2.4% of children ages 0-6 lacking insurance—figures that outperform regional, state, and national averages. However, this data was collected before adjustments to pandemic-related insurance thresholds. Employment trends in the county show a shift away from manufacturing and toward healthcare and social assistance. Education access remains a concern, as only 12.5% of children in York County have access to high-quality Pre-K, the lowest rate among neighboring counties and the state.

Survey Indicators

Table 1 shows key health indicators in York County. For the purpose of this data summary, the probability sample is used for discussion and analysis. The percentage of people not exercising for 30 minutes on five days per week has remained high in this population at 82%. Many experienced one or more days with depressive symptoms (73%). Overweight and obesity data remains high at 71%, suggesting a persistent challenge. Nearly seven in ten (68%) experience poor quality sleep, and over half are stressed about money worries (52%). Half experienced at least one day of poor mental (51%) or physical health (52%). Over half of the population does not participate in strength training (51%), and half of the population has experienced some trauma (49%).

In York County, the most prominent health concerns are lack of exercise (no exercise 30 minutes on five days in past week), obesity, mental and physical health concerns, stress, and poor sleep.

Table 1. Key Health Indicators in York County

Indicator	York County		
	2022	2025	Change
Did not exercise 30 minutes on five days in past week	82%	82%	=
One or more days with depressive symptoms in past two weeks	65%	73%	↓
BMI: Overweight and Obese	73%	71%	↓
Experienced any symptoms of not getting enough sleep	71%	68%	↓
Stressed about money worries	44%	52%	↑
At least one day physical health was not good in past month	45%	52%	↑
At least one day mental health was not good in past month	46%	51%	↑
No strength training in past month	61%	51%	↓
Ever experienced trauma	---	49%	---
Stressed about recent loss of a loved one	38%	34%	↓
Did not participate in physical activities or exercise in past month	37%	32%	↓
Economic hardships (one or more)	27%	31%	↑
Has a high-deductible health plan	23%	31%	↑
Used marijuana one or more days in past month	17%	24%	↑
Has not seen a dentist in past year	25%	24%	↓
Binge drinking behavior	14%	16%	↑
Poor or fair health	16%	16%	=
No routine check-up with doctor in past 12 months	27%	15%	↓
Does not believe vaccines are generally safe and effective	13%	15%	↑
Experienced a reduction in pay	13%	14%	↓
Does not get needed social and emotional support	10%	14%	↑
Skipped or reduced meals	11%	13%	↑
Experienced any unfair treatment b/c of race, ethnicity or cultural background	12%	13%	↑
Needs help reading health materials at least occasionally	16%	12%	↓
Does not have a personal physician	12%	11%	↓
Did not receive health care in past year because of cost	9%	10%	↑
No health insurance any time during past year (ages 18 - 64)	9%	10%	↑
PHQ-8 current depression indicator-currently depressed	10%	9%	↓
Adult smoking (% current smokers)	15%	8%	↓
Fell behind paying rent or mortgage	5%	8%	↑
Ate fast food three or more days in past week	12%	7%	↓
Used illegal drugs in past year	4%	6%	↑
Adult e-cigarette vaping (% current vapers)	4%	5%	↑
Uninsured (% of pop. under age 65 without health insurance)	5%	5%	=
Did not receive health care because of a lack of transportation	4%	3%	↓

Stressors

To better contextualize the mental health and financial strains currently facing the York County community, the survey gathered data about life stressors and financial hardships experienced in the year prior to the survey. A majority of respondents said they had experienced at least some stress from feeling generally overloaded, as well as family problems. Over half of all respondents experienced stress related to money worries like paying bills. Nearly half have experienced stress due to work or job problems.

Table 2. *How much of a hassle were the following things for you – did they cause no stress, some stress, moderate stress, or severe stress for you during the past 12 months? *Table 2 shows some, moderate, and severe stress responses*

	2022	2025
Feeling generally "overloaded"	62%	65%
Problems related to family	58%	63%
Money worries like paying bills	44%	52%
Work or job problems	49%	48%
Recent loss of a loved one	38%	33%
Worries about food, shelter, health care, and transportation	18%	20%
Having to move, either recently or in the future	20%	19%
Problems with your friends	22%	12%
Crime or safety in your neighborhood	11%	12%
Sexual, emotional, or physical abuse	7%	8%
Problems with alcohol or drugs	5%	6%

Economic Hardships

The share of respondents who reported at least one economic hardship (31%) as reported in Table 2, was slightly lower than the proportion who were stressed about money worries (52%). While experiencing an economic hardship is somewhat common, experiencing any one specific hardship is less common (Table 3). Housing problems, either evictions or having to live temporarily in a shelter or with others, were reported by few respondents.

Table 3. *The following questions are about several factors that can affect a person's health. Did any of the following hardships happen to you in the last 12 months? *Table 2 shows "Yes" responses*

	2022	2025
Did you experience a reduction in pay for any reason?	13%	14%
Did you skip or reduce your meals?	11%	13%
Were you worried that your food would run out before you got money to buy more?	8%	10%
Were you unable to get needed medical care because you couldn't afford it?	6%	10%
Were you unable to purchase needed food because you couldn't afford it?	6%	8%
Did you fall behind in paying your rent or mortgage?	5%	8%
Were you unemployed and looking for work for as long as a month?	9%	7%
Did you lack or lose health insurance coverage?	7%	7%
Were you unable to get any needed prescription medications because you couldn't afford it?	5%	7%
Were you unable to purchase needed GAS because you couldn't afford it?	6%	5%
Were you let go or permanently laid off from your job?	5%	5%
Did you have any utilities, such as water, heat, or electricity, shut off because you couldn't afford it?	2%	2%
For financial reasons, did you have to temporarily live with others or in a shelter or on the street during the last 12 months?	3%	1%
Were you evicted from your apartment or house?	0%	0%

Non-Medical Factors Influencing Health

Public health researchers frequently attribute persistent, observed differences in healthcare access, conditions, and health behaviors- which disproportionately impact a particular demographic group- to health disparities. Often, the observed differences can include not only demographic attributes but also psychosocial stressors, such as discrimination and trauma.[1] Social determinants thinking suggests that health is determined by access to social and economic opportunities that arise from the places where we learn, live, and work. According to the Centers for Disease Control (CDC), "The conditions in which we live explain in part why some Americans are healthier than others and why Americans more generally are not as healthy as they could be." Table 4 displays the relationships that exist between each survey indicator and demographic information such as poverty status, race and ethnicity, gender, age, and county, and psychosocial determinants such as depression, trauma experiences, and discrimination. The color coding identifies whether there is a significant relationship between each indicator and each subgroup and how strong those differences are; the darkest coloring indicates the strongest associations.

[1] See "Discrimination: A Social Determinant Of Health Inequities", Health Affairs Blog, February 25, 2020. DOI: 10.1377/hblog20200220.518458

This table also shows the overwhelming disparities that relate to psychosocial indicators related to depression, trauma experiences, and discrimination. These experiences produce some of the strongest disparities across most types of indicators. In most cases, these psychosocial attributes result in greater disparities for more indicators than any of the demographic characteristics, although it is essential to note that some groups are more likely to report these experiences. Responding to identified disparities necessitates a deep dive into the specific populations disproportionately impacted by various indicators.

In York County, age, depression, poverty, and race emerge as the most significant sources of disparity across several health indicators. Indicators related to mental health, such as depression, are especially likely to show strong associations with trauma and perceptions of unfair treatment. The most significant health disparities in York County are strongly linked to socioeconomic conditions, particularly poverty, followed by psychosocial stressors like trauma and unfair treatment. These disparities suggest that addressing material hardship and social inequity would be critical steps toward improving health equity in the community.

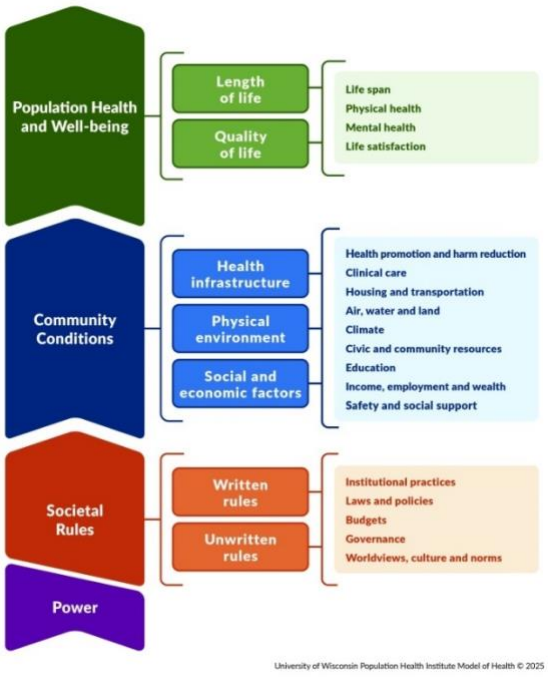
Table 4. Disparities in York County

Indicator	*Depression*	*Gender*	*Parents*	*Poverty*	*Race/Ethnicity*	*Age*	*Trauma Experience*	*Unfair Treatment*
Binge drinking behavior								
BMI: Overweight and Obese								
Adult e-cigarette vaping (% current vapers)								
Did not exercise 30 minutes on five days in past week								
Ate fast food three or more days in past week								
Economic hardships (one or more)								
Has a high-deductible health plan								
Used illegal drugs in past year								
Fell behind paying rent or mortgage								
Did not receive health care in past year because of cost								
No health insurance any time during past year (ages 18 - 64)								
Experienced a reduction in pay								
Skipped or reduced meals								
One or more days with depressive symptoms in past two weeks								
Does not have a personal physician								
At least one day mental health was not good in past month								
At least one day physical health was not good in past month								
Experienced any symptoms of not getting enough sleep								
Poor or fair health								
Uninsured (% of pop. under age 65 without health insurance)								
No routine check-up with doctor in past 12 months								
Needs help reading health materials at least occasionally								
Did not participate in physical activities or exercise in past month								
No strength training in past month								
Has not seen a dentist in past year								
Used marijuana one or more days in past month								
Adult smoking (% current smokers)								
Does not get needed social and emotional support								
Stressed about money worries								
Stressed about recent loss of a loved one								
Did not receive health care because of a lack of transportation								
Does not believe vaccines are generally safe and effective								
PHQ-8 current depression indicator-currently depressed								
Ever experienced trauma								
Experienced any unfair treatment b/c of race, ethnicity or cultural background								

No significant difference	*p. > .05*
Significantly different, weak association	***p. < .05, sresid < 3***
Significantly different, moderate association	***p. < .05, sresid > 3***
Significantly different, strong association	***p. < .05, sresid > 4***

County Health Rankings

The Robert Wood Johnson Foundation provides an annual ranking of all 67 counties in Pennsylvania. The ranking has become a measure of progress compared to the rest of the state and has been long used to appeal to the competitive nature of counties seeking to improve their residents' health. The rankings indicate the top ranked county as performing the best and the 67th county as performing the worst in the state for eight core domains including Health Outcomes, Health Factors, Length of Life, Quality of Life, Health Behaviors, Clinical Care, Social and Economic Factors and Physical Environment. Improvements indicate a higher ranking among the 67 counties in Pennsylvania and therefore a lower number in Table 5.



York County ranks among the highest in the region in the Robert Wood Johnson's County Health Rankings, including #8 overall for Clinical Care and #15 overall for Social and Economic Factors. Still, York County performs poorly in physical environment indicators (57th) which include housing and transportation, air and water quality, access to parks, and adverse climate events such as storms, droughts, floods and extreme heat. Quality of Life is poor in York County (40th in the state) especially for indicators such as poor physical and mental health days and low birthweight.

Table 5. 2024 Robert Wood Johnson County Health Rankings

Focus Area	Measure	PA Overall	York County
HEALTH OUTCOMES	**RANK ↑**		
Length of Life	Premature Death*	8,032	7,592
Quality of Life	Poor or Fair Health	15%	15%
	Poor Physical Health Days	3.4	3.6
	Poor Mental Health Days	4.7	4.7
	Low Birthweight*	8%	9%
HEALTH FACTORS	**RANK ↓**		
HEALTH BEHAVIORS	**RANK ↑**		
Tobacco Use	Adult Smoking	15%	16%
Diet and Exercise	Adult Obesity	33%	39%
	Food Environment Index	8.5	8.7
	Physical Inactivity	23%	25%
	Access to Exercise Opportunities	86%	79%
Alcohol and Drug Use	Excessive Drinking	19%	18%
	Alcohol-Impaired Driving Deaths	25%	26%
Sexual Activity	Sexually Transmitted Infections+	409.8	356.7
	Teen Births*	13	15
CLINICAL CARE	**RANK ↓**		
Access to Care	Uninsured	7%	6%
	Primary Care Physicians	1265:1	1484:1
	Dentists	1400:1	1794:1
	Mental Health Providers	371:1	706:1
Quality of Care	Preventable Hospital Stays*	3,014	2,586
	Mammography Screening*	47%	53%
	Flu Vaccinations*	53%	57%
SOCIAL & ECONOMIC FACTORS	**RANK ↑**		
Education	High School Completion	92%	91%
	Some College	67%	62%
Employment	Unemployment	4%	4%
Income	Children in Poverty*	15%	12%
	Income Inequality	4.8	4.0
Family and Social Support	Children in Single-Parent Households	25%	22%
	Social Associations	11.8	12.0
Community Safety	Injury Deaths*	96	103
PHYSICAL ENVIRONMENT	**RANK ↑**		
Air and Water Quality	Air Pollution - Particulate Matter	8.5	8.9
	Drinking Water Violations+		Yes
Housing and Transit	Severe Housing Problems	14%	12%
	Driving Alone to Work*	71%	80%
	Long Commute - Driving Alone	37%	37%

Key Findings

In York County, there are several interrelated concerns, such as how financial strain and low health literacy contribute to poor preventive care access and negative health outcomes. This report also underlines priority areas for intervention, including obesity, mental health, economic hardship, and routine care utilization.

Access to Healthcare

- 15% do not believe vaccines are generally safe and effective, a potential barrier to preventive care.
- 30% are enrolled in high-deductible health plans.
- 10% of adults aged 18-64 had no insurance at some point in the past year. This is up from 9% in the prior assessment.
- 5% of the population under age 65 is currently uninsured.
- 10% did not receive healthcare due to cost, up from 9% in the prior assessment.
- 24% have not seen a dentist in the past year.
- 15% had no routine medical checkup in the past 12 months, a notable improvement from the previous rate of 27% in the previous assessment.
- 11% of respondents do not have a personal physician, indicating a gap in continuity of care and long-term health management.

Children's Health

- More than one in three children (37%) children ages Kindergarten to twelfth grade are overweight or obese.
- Only 13% of children living in poverty have access to high-quality pre-k.

Non-Medical Factors

- For 2% of the community, utilities were shut off because of an inability to pay.
- 52% are stressed about money.
- 31% experienced one or more economic hardships, up from 27% in the prior assessment.
- 14% reported a reduction in pay, compared to 13% in the prior assessment.
- 8% have fallen behind on rent or mortgage payments.

Health Behaviors, Chronic Disease and Behavioral Health

- 13% reported skipping or reducing meals.
- 3% did not receive healthcare due to lack of transportation.
- 12% need help reading health materials at least occasionally, which may impact understanding of care instructions or resources.

Life Expectancy

Life expectancy is useful to public health planners because it succinctly captures the overall health status of a population. Life expectancy data also helps public health researchers explore differences across and within geographic areas and demographic subgroups. Understanding which groups are most at risk for poor health helps efficiently direct resources to improve health.

The surge in deaths from COVID-19 reduced US life expectancy in 2021 compared to prior years. But declining life expectancy has also been related to an increase in unintentional injuries driven by more drug overdoses.[2] From a comparative perspective, residents of the US tend to have shorter lifespans than residents of other developed nations, with deaths due to overdose, violence, and injury being more common.[3] Deaths from COVID-19 were greater in the US than in other peer nations, in part, because the US has higher rates of heart disease, obesity and diabetes and because its health system is more fragmented and less accessible for some populations.

Estimates of life expectancy by census tract show that there is significant variability in life expectancy across and within counties.[4] For instance, life expectancy in WellSpan's service area ranges from a low of 67.7 years to a high of 89.8 years, which is a 22 year difference, depending on the census tract where someone lives. The images in Figure 1 show how variable life expectancy at birth is by census tract in York County, with bluer tracts having longer lives. Life expectancy in York County varies significantly by tract. Life expectancy in York County ranges from a low of 67.8 years to a high of 89.8 years, or about a 22 year gap in total.

[2] https://www.cfr.org/in-brief/us-life-expectancy-decline-why-arent-other-countries-suffering-same-problem
[3] Farzana Kapadia: Life Expectancy in the United States: A Public Health of Consequence, June 2024, American Journal of Public Health **114**, 556_558, https://doi.org/10.2105/AJPH.2024.307677
[4] The life expectancy data in this analysis comes from the CDC: https://www.cdc.gov/nchs/data-visualization/life-expectancy/index.html and https://www.cdc.gov/nchs/nvss/usaleep/usaleep.html. Tract-level census data from the American Community Survey 2021 five-year estimates were merged to compare life expectancy with income, educational and race data.

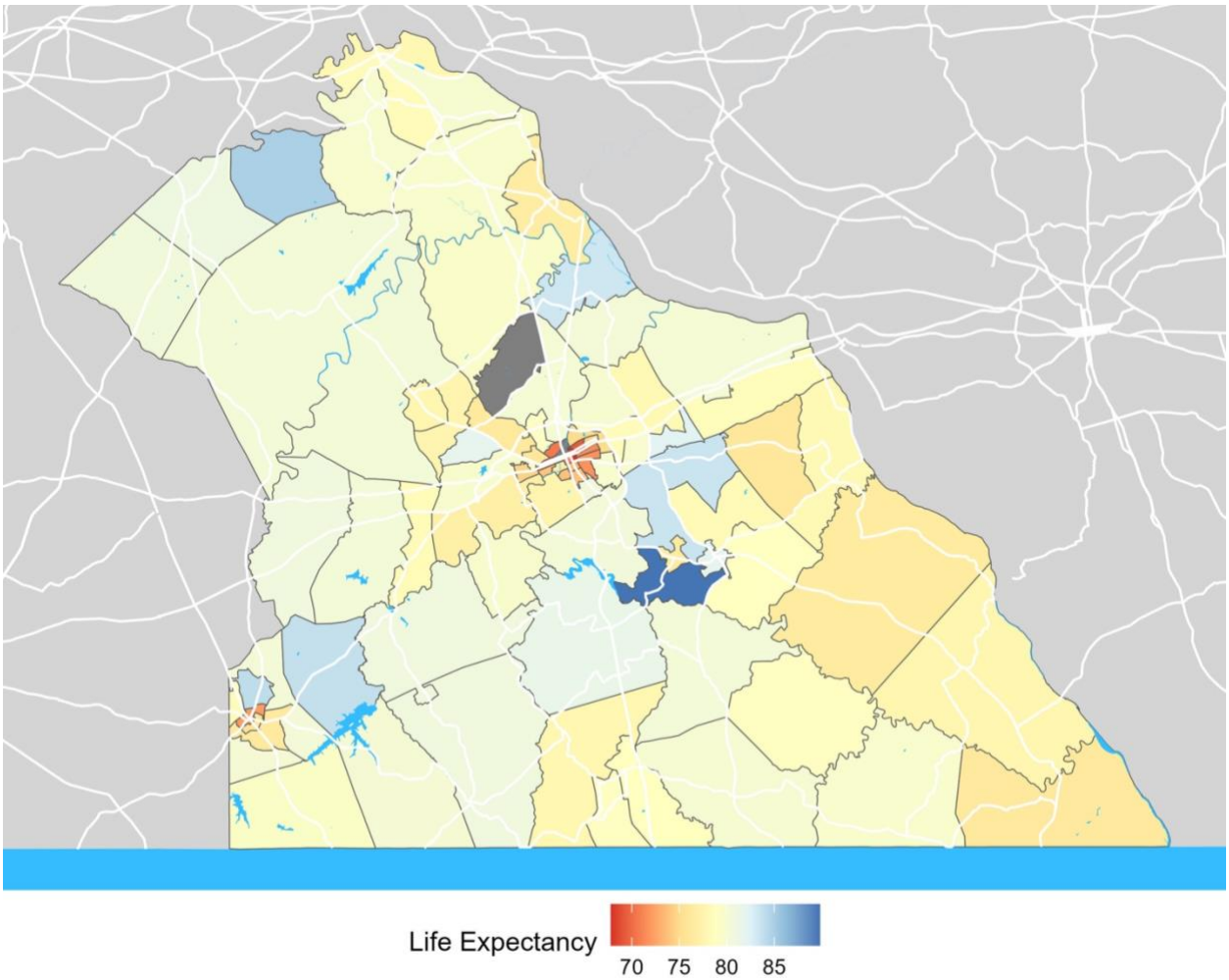


Figure 1. Life Expectancy in York County

These differences are the natural implication of non-medical factors that influence health, attributes like income, wealth, poverty, education, and other characteristics, which are discussed later in this summary. Researchers know that the social characteristics that define each census tract, such as differences in income, educational attainment, or race and ethnicity, are strongly associated with life expectancy.[5]

Area Deprivation Index

Researchers know that the social characteristics that define each census tract, such as differences in income, educational attainment, or race and ethnicity, are strongly associated with life expectancy.[6] In addition to the many types of data we've described, our needs assessment also presents community-level data from a composite indicator that includes 17 education, employment, housing-quality, and poverty measure. This

[5] The correlations at the state level show that life expectancy increases with higher median household income (r = .56), educational attainment (r = .51) and non-Hispanic White population shares (r = .48).
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Area Deprivation Index (ADI) is a tool that identifies neighborhoods with significant social disadvantages.[7]

The deprivation index shows that the social conditions within our area vary considerably, with some community deprivation scores revealing neighborhoods that are among the most disadvantaged places in the entire nation. Recognizing these neighborhood gaps will be important for planning interventions.

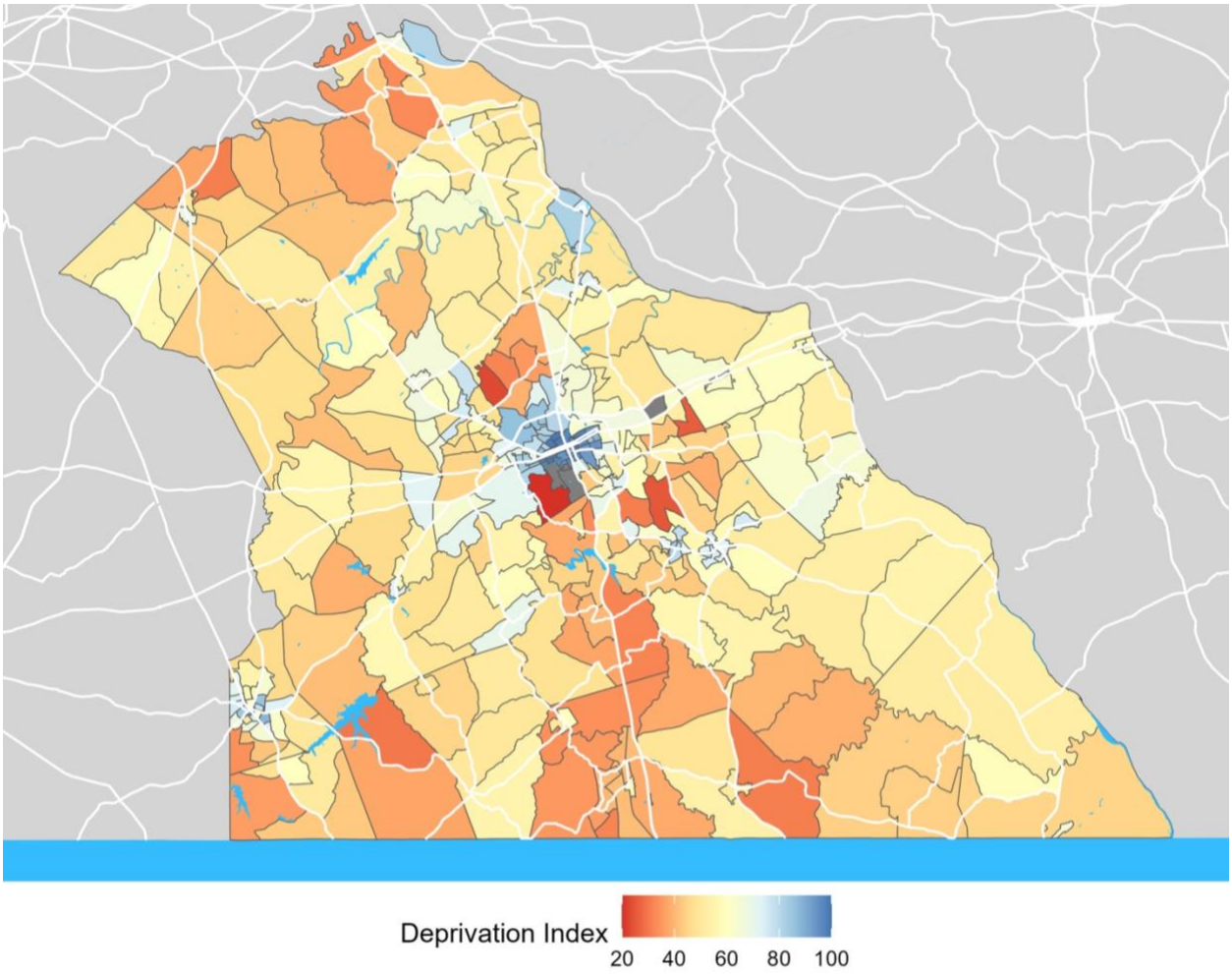

Figure 2. Area Deprivation Index in York County

[7] Visit https://www.neighborhoodatlas.medicine.wisc.edu/ for more information about the Area Deprivation Index.

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The correlations at the state level show that life expectancy increases with higher median household income (r = .56), educational attainment (r = .51) and non-Hispanic White population shares (r = .48).

Visit https://www.neighborhoodatlas.medicine.wisc.edu/ for more information about the Area Deprivation Index.

See "Discrimination: A Social Determinant Of Health Inequities", Health Affairs Blog, February 25, 2020.

- DOI: 10.1377/hblog20200220.518458

Appendices

Appendix 1: Survey Data Collection Process

The data collection methods of the 2025 Community Health Needs Assessment build on decades of learnings from previous assessments. Our processes strive for constant improvement ensuring our survey sample is representative of the community, and that our processes minimize bias. Data collection was facilitated by the Center for Opinion Research at Franklin and Marshall College, led by Berwood Yost, director of the Center and project consultant. Data collection started in the spring of 2024 with an analysis of demographic indicators from secondary data sources. Simultaneously, the engagement of key stakeholders and subject matter experts helped to frame core areas of focus for further exploration. Primary data collection, such as the community survey, allowed for a deeper understanding of community health needs with an action-oriented focus.

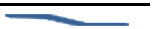
The community survey was launched in early February 2025 to gain household level insight into social drivers of health, barriers to healthcare, and health behaviors. The survey was developed with the expectation of taking a respondent 15-20 minutes to complete and was made available in English, Spanish and Haitian Creole. The Center for Opinion Research deployed a research engagement strategy that ensured a representative “control” sample was collected through proactive outreach using postcards, email, text and phone.

For the full data collection and methodology summary, please see the WellSpan Community Health Needs Assessment Report.

Appendix 2 – Full Robert Wood Johnson County Health Rankings Table

Focus Area	Measure	Description	Top Performers	US Overall	PA Overall	York County
HEALTH OUTCOMES	**RANK** ↑					
Length of Life	Premature Death*	Years of potential life lost before age 75 per 100,000 population (age-adjusted).	6,000	8,000	8,032	7,592
Quality of Life	Poor or Fair Health	Percentage of adults reporting fair or poor health (age-adjusted).	13%	14%	15%	15%
	Poor Physical Health Days	Average number of physically unhealthy days reported in past 30 days (age-adjusted).	3.1	3.3	3.4	3.6
	Poor Mental Health Days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted).	4.4	4.8	4.7	4.7
	Low Birthweight*	Percentage of live births with low birthweight (< 2,500 grams).	6%	8%	8%	9%
HEALTH FACTORS	**RANK** ↓					
HEALTH BEHAVIORS	**RANK** ↑					
Tobacco Use	Adult Smoking	Percentage of adults who are current smokers (age-adjusted).	14%	15%	15%	16%
Diet and Exercise	Adult Obesity	Percentage of the adult population (age 18 and older) that reports a body mass index (BMI) greater than or equal to 30 kg/m2 (age-adjusted).	32%	34%	33%	39%
	Food Environment Index	Index of factors that contribute to a healthy food environment, from 0 (worst) to 10 (best).	8.9	7.7	8.5	8.7
	Physical Inactivity	Percentage of adults age 18 and over reporting no leisure-time physical activity (age-adjusted).	20%	23%	23%	25%
	Access to Exercise Opportunities	Percentage of population with adequate access to locations for physical activity.	90%	84%	86%	79%
Alcohol and Drug Use	Excessive Drinking	Percentage of adults reporting binge or heavy drinking (age-adjusted).	13%	18%	19%	18%
	Alcohol-Impaired Driving Deaths	Percentage of driving deaths with alcohol involvement.	10%	26%	25%	26%
Sexual Activity	Sexually Transmitted Infections+	Number of newly diagnosed chlamydia cases per 100,000 population.	151.7	495.5	409.8	356.7
	Teen Births*	Number of births per 1,000 female population ages 15-19.	9	17	13	15
CLINICAL CARE	**RANK** ↓					
Access to Care	Uninsured	Percentage of population under age 65 without health insurance.	6%	10%	7%	6%
	Primary Care Physicians	Ratio of population to primary care physicians.	1,030:1	1,330:1	1265:1	1484:1
	Dentists	Ratio of population to dentists.	1,180:1	1,360:1	1400:1	1794:1
	Mental Health Providers	Ratio of population to mental health providers.	230:1	320:1	371:1	706:1
Quality of Care	Preventable Hospital Stays*	Rate of hospital stays for ambulatory-care sensitive conditions per 100,000 Medicare enrollees.	1,558	2,681	3,014	2,586
	Mammography Screening*	Percentage of female Medicare enrollees ages 65-74 who received an annual mammography screening.	52%	43%	47%	53%
	Flu Vaccinations*	Percentage of fee-for-service (FFS) Medicare enrollees who had an annual flu vaccination.	53%	46%	53%	57%
SOCIAL & ECONOMIC FACTORS	**RANK** ↑					
Education	High School Completion	Percentage of adults ages 25 and over with a high school diploma or equivalent.	94%	89%	92%	91%
	Some College	Percentage of adults ages 25-44 with some post-secondary education.	74%	68%	67%	62%
Employment	Unemployment	Percentage of population ages 16 and older unemployed but seeking work.	2.30%	3.70%	4%	4%
Income	Children in Poverty*	Percentage of people under age 18 in poverty.	10%	16%	15%	12%
	Income Inequality	Ratio of household income at the 80th percentile to income at the 20th percentile.	3.7	4.9	4.8	4.0
Family and Social Support	Children in Single-Parent Households	Percentage of children that live in a household headed	13%	25%	25%	22%
	Social Associations	Number of membership associations per 10,000 population.	18	9.1	11.8	12.0
Community Safety	Injury Deaths*	Number of deaths due to injury per 100,000 population.	64	80	96	103
PHYSICAL ENVIRONMENT	**RANK** ↑					
Air and Water Quality	Air Pollution - Particulate Matter	Average daily density of fine particulate matter in micrograms per cubic meter (PM2.5).	5	7.4	8.5	8.9
	Drinking Water Violations+	Indicator of the presence of health-related drinking water violations. 'Yes' indicates the presence of a violation, 'No' indicates no violation.				Yes
Housing and Transit	Severe Housing Problems	Percentage of households with at least 1 of 4 housing problems: overcrowding, high housing costs, lack of kitchen facilities, or lack of plumbing facilities.	8%	17%	14%	12%
	Driving Alone to Work*	Percentage of the workforce that drives alone to work.	70%	72%	71%	80%
	Long Commute - Driving Alone	Among workers who commute in their car alone, the percentage that commute more than 30 minutes.	17%	36%	37%	37%

Appendix 3 – Key Health Indicators for York County, Full Trend Table (*Note: the trend lines shown are for data from 2011-2025 for the probability sample only)

Indicator	York					Trends
	2011	2014	2017	2022	2025	
Did not exercise 30 minutes on five days in past week	79%	83%	84%	82%	82%	
One or more days with depressive symptoms in past two weeks	61%	59%	64%	65%	73%	
BMI: Overweight and Obese	66%	68%	72%	73%	71%	
Experienced any symptoms of not getting enough sleep				71%	68%	
Stressed about money worries				44%	52%	
At least one day physical health was not good in past month	39%	39%	45%	45%	52%	
At least one day mental health was not good in past month	45%	38%	40%	46%	51%	
No strength training in past month	60%	56%	53%	61%	51%	
Ever experienced trauma					49%	
Stressed about recent loss of a loved one				38%	34%	
Did not participate in physical activities or exercise in past month	20%	24%	26%	37%	32%	
Economic hardships (one or more)	39%	36%	37%	27%	31%	
Has a high-deductible health plan			25%	23%	31%	
Used marijuana one or more days in past month				17%	24%	
Has not seen a dentist in past year	24%	26%	27%	25%	24%	
Binge drinking behavior	15%	16%	19%	14%	16%	
Poor or fair health	14%	17%	16%	16%	16%	
No routine check-up with doctor in past 12 months	31%	26%	24%	27%	15%	
Does not believe vaccines are generally safe and effective				13%	15%	
Experienced a reduction in pay				13%	14%	
Does not get needed social and emotional support	8%	7%	7%	10%	14%	
Skipped or reduced meals				11%	13%	
Experienced any unfair treatment b/c of race, ethnicity or cultural background				12%	13%	
Needs help reading health materials at least occasionally				16%	12%	
Does not have a personal physician	12%	12%	16%	12%	11%	
Did not receive health care in past year because of cost	12%	13%	12%	9%	10%	
No health insurance any time during past year (ages 18 - 64)		18%	14%	9%	10%	
PHQ-8 current depression indicator-currently depressed	9%	9%	13%	10%	9%	
Adult smoking (% current smokers)	22%	24%	19%	15%	8%	
Fell behind paying rent or mortgage				5%	8%	
Ate fast food three or more days in past week		14%	14%	12%	7%	
Used illegal drugs in past year		5%	7%	4%	6%	
Adult e-cigarette vaping (% current vapers)			6%	4%	5%	
Uninsured (% of pop. under age 65 without health insurance)		11%	10%	5%	5%	
Did not receive health care because of a lack of transportation		7%	6%	4%	3%	

Appendix 4- WellSpan 2025 CHNA Survey

Notes: The order of the questions varied by respondent, as did the order of the response options. The sections highlighted in light blue were randomized- each respondent received 50% of the sections (sections are divided by text box outlines) to reduce the overall length of the survey.

Health Status

S1_1. Would you say that in general your health is…

	Adams	Franklin	Lancaster	Lebanon	York	Total
Excellent	12%	11%	15%	10%	11%	12%
Very good	40%	43%	37%	32%	37%	37%
Good	36%	30%	35%	37%	38%	36%
Fair	10%	15%	11%	16%	13%	13%
Poor	2%	2%	2%	4%	2%	2%
Do not know	0%	0%	0%	1%	0%	0%

Health Days – Health Related Quality of Life

S2_1. Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

	Adams	Franklin	Lancaster	Lebanon	York	Total
None	48%	53%	53%	60%	48%	51%
1 or more	52%	47%	47%	40%	52%	49%

S2_1cp. Do you suffer from any type of chronic pain, that is, pain that occurs constantly or flares up frequently?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Yes	50%	45%	41%	51%	48%	47%
No	50%	54%	59%	48%	52%	53%
Do not know	0%	1%	0%	1%	0%	0%

S2_1med. Are you currently taking any prescription medications for your pain?

	Adams	Franklin	Lancaster	Lebanon	York	Total
	n=79	n=103	n=69	n=104	n=338	n=694
Yes	7%	11%	12%	13%	9%	10%
No	93%	89%	88%	87%	90%	89%
Do not know	0%	0%	0%	0%	1%	0%

S2_2. Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health NOT good?

	Adams	Franklin	Lancaster	Lebanon	York	Total
None	49%	51%	62%	56%	49%	52%
1 or more	51%	49%	38%	44%	51%	48%

S2_3. During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

	Adams	Franklin	Lancaster	Lebanon	York	Total
	n=175	n=241	n=215	n=239	n=775	n=1646
None	56%	46%	54%	52%	52%	52%
1 or more	44%	54%	46%	48%	48%	48%

S5_1. During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Yes	65%	67%	69%	67%	68%	68%
No	35%	33%	31%	33%	32%	33%

	Adams	Franklin	Lancaster	Lebanon	York	Total
S5_2: When you took part in this physical activity for how many MINUTES did you usually keep at it?						
N	110	147	136	149	508	1050
Mean	57.3	52.3	41.3	44.8	50.7	49.6
Std. Dev.	86.3	51.9	24.2	34.1	43.3	48.1
S5_3: During the PAST MONTH, how many TIMES PER WEEK did you take part in these physical activities?						
N	107	157	144	156	511	1074
Mean	5.2	6.3	4.4	4.2	4.2	4.6
Std. Dev.	5.8	7.4	5.7	3.1	3.9	5.0
S5_4: During the PAST MONTH, how many times PER WEEK did you do physical activities to STRENGTHEN your muscles? Do NOT count aerobic activities like walking, running, or bicycling						
N	173	235	211	237	761	1617
Mean	2.2	2.8	3.1	1.9	2.6	2.5
Std. Dev.	4.9	7.5	8.1	3.5	4.9	5.7

Health Care Access

IN1. Do you have any kind of health care coverage, including health insurance from an employer or private, prepaid plans such as HMOs, or government plans such as Medicare, Medicaid or CHIP?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Yes	95%	90%	90%	93%	96%	94%
No	5%	10%	10%	7%	4%	6%

ReasNoIns. Why don't you have health insurance?

	Adams	Franklin	Lancaster	Lebanon	York	Total
	n=8	n=24	n=22	n=17	n=29	n=100
Cost: Too expensive, costs too much	100%	31%	33%	8%	33%	34%
Religious beliefs	0%	35%	4%	30%	0%	14%
Change in employment status	0%	13%	0%	5%	33%	14%
Coverage or financial help through church/religious organization	0%	9%	14%	18%	5%	10%
Unnecessary, do not need it, stay healthy, do not get sick	0%	0%	19%	10%	12%	9%
Not offered by current employer	0%	0%	17%	30%	0%	9%
Opportunity for other health coverage in the future	0%	7%	0%	0%	17%	7%
Self pay, pay bills on own	0%	0%	11%	0%	0%	3%
Other	0%	6%	2%	0%	0%	2%

HCins. Which is it…

	Adams	Franklin	Lancaster	Lebanon	York	Total
	n=166	n=217	n=193	n=223	n=738	n=537
Health insurance from employer	49%	52%	58%	49%	58%	55%
Medicare	11%	13%	11%	12%	14%	13%
Medicare and insurance you purchased yourself	14%	12%	15%	14%	12%	13%
Medicaid	9%	4%	3%	7%	5%	5%
Employer and Medicare	5%	8%	1%	4%	4%	4%
A state or federal health exchange	2%	7%	5%	5%	2%	3%
Private health insurance	2%	2%	5%	6%	2%	3%
VA Veterans' benefits	3%	0%	0%	2%	1%	1%
A prepaid plan such as an HMO	2%	0%	0%	0%	1%	1%
Tricare	0%	1%	0%	1%	1%	1%
Employer and insurance you purchased yourself	1%	1%	0%	1%	0%	0%
Share plan, religious or unspecified	0%	0%	2%	0%	0%	0%
Insurance company/provider named, unspecified type	1%	0%	0%	0%	0%	0%
Other	0%	2%	0%	0%	0%	0%

IN1C. Do you have a high deductible health plan?

	Adams	Franklin	Lancaster	Lebanon	York	Total
	n=166	n=217	n=193	n=223	n=738	n=537
Yes	29%	23%	33%	21%	30%	28%
No	62%	65%	56%	72%	66%	65%
Do not know	9%	12%	11%	8%	4%	7%

IN1C_A. Have you delayed preventative screenings such as a mammography or colonoscopy due to cost?

	Adams	Franklin	Lancaster	Lebanon	York	Total
	n=48	n=50	n=63	n=46	n=216	n=423
Yes	11%	15%	15%	32%	29%	24%
No	89%	81%	85%	68%	69%	75%
Don’t Know	0%	4%	0%	0%	2%	1%

S3_2@a. Do you have ONE person you think of as your personal doctor or health care provider?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Yes, only one	64%	67%	61%	67%	65%	65%
Yes, more than one	22%	20%	24%	20%	24%	23%
No personal doctor	14%	14%	15%	13%	11%	13%
Do not know	0%	0%	1%	0%	0%	0%

S3_4. About how long has it been since you last visited a doctor for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.

	Adams	Franklin	Lancaster	Lebanon	York	Total
Within past year (anytime less than 12 months ago)	75%	85%	69%	85%	84%	81%
Within past 2 years (1 year ago but less than 2 years ago)	15%	5%	11%	8%	8%	9%
Within past 5 years (2 years ago but less than 5 years ago)	3%	5%	10%	2%	3%	4%
5 or more years ago	7%	4%	10%	5%	3%	5%
Never	0%	0%	0%	0%	0%	0%
Don’t Know	0%	1%	1%	1%	0%	1%

S3_3. Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Yes	12%	10%	8%	8%	10%	10%
No	87%	90%	92%	92%	90%	90%
Do not know	1%	0%	0%	0%	0%	0%

T3. Has a lack of transportation kept you from getting to a doctor's office or to any other health care appointment during the PAST YEAR?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Yes	2%	4%	1%	2%	3%	3%
No	98%	96%	99%	98%	97%	97%

S3_5. How often do you have someone help you read materials you receive from your doctor or hospital...

	Adams	Franklin	Lancaster	Lebanon	York	Total
Always	4%	1%	0%	4%	3%	2%
Often	2%	3%	2%	2%	2%	2%
Sometimes	5%	3%	2%	4%	3%	3%
Occasionally	11%	5%	5%	9%	5%	6%
Never	78%	88%	91%	82%	87%	86%

S3_7. How confident do you feel when leaving the doctor's office that you understand what the doctor has told you...

	Adams	Franklin	Lancaster	Lebanon	York	Total
Extremely confident	47%	61%	54%	61%	62%	59%
Quite a bit	35%	31%	42%	30%	27%	31%
Somewhat	13%	5%	4%	7%	9%	8%
A little bit	1%	1%	0%	1%	1%	1%
Not at all confident	2%	1%	0%	1%	1%	1%
Do not know	2%	1%	0%	1%	0%	1%

S7_1. How long has it been since you last visited a dentist or a dental clinic for any reason?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Within past year (anytime less than 12 months ago)	65%	72%	72%	65%	75%	72%
Within past 2 years (1 year ago but less than 2 years ago)	15%	7%	11%	9%	10%	10%
Within past 5 years (2 years ago but less than 5 years ago)	10%	8%	6%	9%	5%	7%
5 or more years ago	7%	13%	11%	12%	9%	10%
Never	3%	1%	0%	1%	0%	1%
Don’t Know	1%	0%	0%	5%	1%	1%

S7_2. What is the MAIN reason you have NOT visited the dentist in the last year?

	Adams	Franklin	Lancaster	Lebanon	York	Total
	n=67	n=86	n=79	n=88	n=221	n=541
Unnecessary, do not need to, no problems, only go when problem arises	5%	23%	20%	20%	12%	15%
Cost: cannot afford it	14%	7%	19%	11%	17%	14%
Do not have dental insurance, no coverage	13%	22%	12%	7%	14%	14%
Do not like the dentist, fear	13%	7%	20%	12%	12%	12%
Have dentures, false teeth	8%	19%	7%	11%	9%	11%
Time	11%	2%	2%	0%	12%	7%
Dentist does not accept insurance	0%	9%	0%	13%	2%	5%
Unable to get an appointment, availability	3%	1%	2%	10%	4%	4%
Moved, new to area	6%	0%	1%	1%	4%	3%
Other medical issues take priority	0%	4%	3%	6%	0%	2%
Has not looked, lazy	8%	0%	1%	0%	1%	2%
Cannot/Trying/Has to find a provider	8%	0%	0%	0%	2%	2%
COVID-19	3%	0%	0%	0%	0%	0%
None, nothing	0%	0%	0%	1%	3%	1%
Other	9%	4%	8%	2%	2%	4%
Do not know	0%	2%	5%	7%	5%	4%

Immunization

VX1. Generally speaking, do you believe that vaccines used to prevent illness are safe and effective: definitely yes, probably yes, probably no, definitely no?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Definitely yes	40%	39%	40%	45%	49%	45%
Probably yes	41%	39%	40%	32%	34%	36%
Probably no	6%	11%	14%	8%	7%	9%
Definitely no	7%	7%	3%	12%	8%	8%
Don't Know	6%	5%	3%	3%	3%	3%

Cancer Screening

Gender. How do you describe yourself?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Male	53%	48%	51%	53%	45%	48%
Female	47%	52%	49%	47%	55%	52%
Transgender/Do not identify as female, male, or transgender	—	—	—	—	—	—

"---" indicates less than 1% of responses

SO. Do you consider yourself to be:

	Adams	Franklin	Lancaster	Lebanon	York	Total
Straight	96%	94%	93%	90%	92%	93%
Lesbian or gay	3%	1%	1%	2%	3%	2%
Bisexual	1%	4%	5%	8%	4%	4%
Something else, Other	0%	1%	1%	0%	1%	1%
Do not know	0%	0%	0%	0%	1%	0%

AGE. What was your age on your last birthday?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Under 35	33%	22%	32%	33%	19%	24%
35-54	27%	36%	31%	27%	32%	31%
Over 55	40%	42%	38%	41%	49%	44%

S20_2. Have you ever had a mammogram? (asked all women over 40)

	Adams	Franklin	Lancaster	Lebanon	York	Total
	n=48	n=73	n=58	n=64	n=293	n=539
Yes	91%	93%	96%	87%	96%	94%
No	9%	7%	4%	13%	4%	6%

S20_3. Sigmoidoscopy and colonoscopy are exams in which a tube is inserted in the rectum to view the colon for signs of cancer or other health problems. Have you ever had either of these exams? OR, have you done an at-home colon cancer screening, such as Cologuard? (asked everyone over 50)

	Adams	Franklin	Lancaster	Lebanon	York	Total
	n=81	n=130	n=98	n=116	n=444	n=869
Yes	92%	89%	90%	91%	92%	91%
No	8%	12%	9%	7%	8%	9%
Do not know	0%	0%	1%	1%	0%	0%

S20_3a. What has prevented you from having these exams?

	Adams	Franklin	Lancaster	Lebanon	York	Total
	n=7	n=14	n=7	n=8	n=33	n=68
No need, not necessary, not high risk	41%	24%	16%	16%	21%	22%
Cost, no insurance	0%	10%	35%	12%	8%	11%
Too busy, no time	0%	10%	12%	12%	12%	10%
At home test; Cologuard	0%	0%	0%	12%	19%	10%
Side effects, prep process, complications	0%	9%	12%	0%	9%	7%
Age	11%	10%	0%	0%	6%	6%
Have never gotten it, does not want to get it (unspecified)	0%	13%	0%	0%	3%	4%
Afraid, does not like needles, shots, or doctors	12%	0%	0%	4%	3%	3%
Not effective, does not believe in it	0%	0%	0%	0%	6%	3%
Haven't gotten around to it, haven't been to doctor's office	0%	0%	0%	24%	0%	3%
Healthy	0%	7%	0%	0%	0%	2%
Planning on getting it, has or is making appointment	0%	0%	0%	7%	0%	1%
Other	18%	12%	9%	0%	3%	7%
Do not know	18%	6%	15%	15%	9%	10%

Tobacco Use

S11_1. Have you smoked at least 100 cigarettes in your entire life?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Yes	48%	32%	33%	34%	37%	37%
No	51%	67%	67%	65%	62%	63%
Do not know	1%	1%	1%	1%	1%	1%

S11_2. Do you now smoke cigarettes every day, some days, or not at all?

	Adams	Franklin	Lancaster	Lebanon	York	Total
	n=85	n=78	n=70	n=80	n=289	n=602
Every day	12%	22%	13%	31%	16%	18%
Some days	12%	6%	3%	2%	5%	6%
Not at all	75%	72%	84%	67%	79%	77%

S11_3. During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?

	Adams	Franklin	Lancaster	Lebanon	York	Total
	n=85	n=78	n=70	n=80	n=289	n=602
Yes	29%	15%	42%	22%	22%	24%
No	70%	83%	58%	78%	77%	75%
Do not know	1%	1%	0%	0%	1%	1%

ECIG1 Electronic cigarettes (e-cigarettes) and other electronic "vaping" products include electronic hookahs (e-hookahs), vape pens, e-cigars, and others. Have you ever used an e-cigarette or other electronic "vaping" product containing nicotine, even just one time, in your entire life?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Yes	21%	19%	17%	22%	18%	19%
No	79%	81%	83%	78%	82%	81%

ECIG2 Do you now use electronic cigarettes every day, some days, or not at all?

	Adams	Franklin	Lancaster	Lebanon	York	Total
	n=37	n=46	n=37	n=54	n=141	n=313
Every day	16%	15%	17%	16%	18%	17%
Some days	3%	0%	0%	4%	12%	6%
Rarely	40%	45%	59%	43%	41%	44%
Not at all	41%	40%	24%	37%	29%	33%

Alcohol Consumption

S13_1. During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Yes	61%	58%	57%	58%	62%	60%
No	39%	42%	43%	42%	38%	40%

S13_3. One drink is equivalent to a 12-ounce beer, a 5-ounce glass of wine, or a drink with one shot of liquor. During the past 30 days, on the days when you drank, about how many drinks did you drink on the average?

	Adams	Franklin	Lancaster	Lebanon	York	Total
None	0%	0%	1%	1%	1%	1%
1-3	72%	83%	90%	77%	84%	82%
4-6	19%	12%	5%	17%	6%	10%
7-9	3%	0%	1%	3%	1%	1%
10 or more drinks	6%	4%	2%	1%	3%	3%
Do not know	1%	1%	2%	1%	5%	3%

S13_4. Considering all types of alcoholic beverages, how many times during the past 30 days did you have FIVE (default) / FOUR (women) or more drinks on an occasion?

	Adams	Franklin	Lancaster	Lebanon	York	Total
No binge drinking	85%	91%	85%	87%	84%	86%
Binge drinker	15%	9%	15%	13%	16%	14%

Substance Abuse

INSTA. In the past year, have you used an illegal drug or a prescription medication for non-medical reasons?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Yes	4%	3%	5%	3%	6%	5%
No	96%	97%	95%	97%	94%	95%
Do not know	1%	0%	0%	0%	0%	0%

Marijuana Series

SA_MJ1. The next questions are about marijuana and hashish. Marijuana is also called pot or grass. Marijuana can be smoked, either in cigarettes, joints, pipes, or vapes, and can be cooked into food or candy and eaten as “edibles”. Hashish is also called “hash” or “hash oil”. Have you ever, even once, used marijuana or hashish?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Yes	49%	45%	45%	47%	49%	47%
No	52%	55%	55%	53%	51%	53%

SA_MJ2. Thinking specifically about the past 30 days, from [date] up to and including today. During the past 30 days, on how many days did you use marijuana?

	Adams	Franklin	Lancaster	Lebanon	York	Total
	n=85	n=107	n=95	n=112	n=371	n=770
None	67%	80%	76%	78%	76%	76%
1-5	20%	9%	9%	6%	9%	10%
6-10	0%	3%	1%	1%	2%	2%
11 or more	13%	7%	13%	16%	13%	13%
Do not know	0%	0%	1%	0%	0%	0%

SA_MJ3. Do you have a medical marijuana card issued by the state of Pennsylvania?

	Adams	Franklin	Lancaster	Lebanon	York	Total
	n=85	n=107	n=95	n=112	n=371	n=770
Yes	42%	27%	35%	52%	44%	41%
No	58%	73%	65%	48%	56%	59%

SA_TorC. During the past 12 months, since <MON_1AGO> <DAY_1AGO>, <YEA_1AGO>, have you received treatment or counseling for your use of alcohol or any drug, not including cigarettes?

	Adams	Franklin	Lancaster	Lebanon	York	Total
	n=176	n=241	n=215	n=239	n=775	n=1645
Yes	1%	0%	1%	0%	0%	0%
No	99%	99%	99%	100%	99%	99%
Do not know	0%	1%	1%	0%	0%	0%

Emotional Support and Life Satisfaction

S22_1. The next two questions are about emotional support and your satisfaction with life. How often do you get the social and emotional support you need...

	Adams	Franklin	Lancaster	Lebanon	York	Total
Always	31%	32%	37%	42%	39%	37%
Usually	38%	32%	43%	32%	35%	35%
Sometimes	20%	19%	9%	14%	11%	13%
Rarely	4%	6%	6%	8%	9%	7%
Never	6%	11%	5%	4%	5%	6%
Don't Know	0%	1%	1%	0%	1%	1%

INTSS. People sometimes look to others for companionship, assistance or other types of support. How often is each of the following kinds of support available to you if you need it? How often is…

		Adams	Franklin	Lancaster	Lebanon	York	Total
Someone available to take you to the doctor if you need it?	Always	63%	62%	67%	70%	68%	67%
	Usually	19%	24%	19%	11%	16%	17%
	Sometimes	10%	9%	7%	5%	7%	7%
	Rarely	2%	3%	2%	4%	3%	3%
	Never	5%	1%	4%	9%	5%	5%
	Do not know	1%	0%	1%	2%	0%	1%
Someone available who shows you love and affection, if you need it?	Always	64%	60%	71%	72%	69%	68%
	Usually	18%	24%	17%	10%	18%	18%
	Sometimes	9%	12%	5%	9%	6%	8%
	Rarely	5%	3%	4%	2%	5%	4%
	Never	5%	1%	3%	7%	2%	3%
Someone available to confide in or talk to about yourself or your problems if you need it?	Always	54%	55%	70%	73%	62%	63%
	Usually	14%	27%	21%	10%	21%	19%
	Sometimes	21%	8%	3%	13%	10%	10%
	Rarely	1%	7%	5%	3%	6%	5%
	Never	5%	2%	2%	1%	1%	2%
	Do not know	5%	1%	0%	0%	0%	1%
Someone available to get together with for relaxation if you need it?	Always	38%	45%	60%	58%	53%	52%
	Usually	34%	28%	24%	21%	27%	27%
	Sometimes	10%	17%	9%	17%	11%	13%
	Rarely	7%	8%	3%	3%	7%	6%
	Never	6%	2%	4%	1%	2%	2%
	Do not know	5%	0%	0%	0%	0%	1%
Someone available to help with daily chores, if you were sick, if you need it?	Always	56%	45%	64%	66%	53%	55%
	Usually	15%	29%	24%	16%	24%	23%
	Sometimes	10%	15%	5%	11%	10%	10%
	Rarely	6%	8%	3%	2%	8%	6%
	Never	8%	3%	4%	5%	5%	5%
	Do not know	6%	0%	1%	0%	0%	1%
Someone available to share your private worries and fears with, if you need it?	Always	51%	52%	71%	70%	55%	58%
	Usually	14%	28%	19%	12%	25%	21%
	Sometimes	23%	9%	2%	14%	11%	11%
	Rarely	2%	10%	3%	2%	5%	5%
	Never	5%	2%	5%	3%	5%	4%
	Do not know	5%	0%	0%	0%	0%	1%
Someone available to do something enjoyable with, if you need it?	Always	38%	49%	55%	61%	48%	50%
	Usually	33%	28%	33%	19%	29%	28%
	Sometimes	23%	18%	7%	15%	14%	15%

	Rarely	1%	4%	4%	3%	5%	4%
	Never	1%	1%	1%	1%	3%	2%
	Do not know	5%	0%	0%	0%	1%	1%
Someone to love and make you feel wanted, available if you need it?	Always	57%	58%	69%	76%	63%	64%
	Usually	12%	28%	21%	9%	20%	19%
	Sometimes	20%	10%	3%	8%	9%	9%
	Rarely	6%	4%	2%	5%	5%	5%
	Never	1%	1%	5%	3%	3%	3%
	Do not know	5%	1%	1%	0%	0%	1%

S22_2. In general, how satisfied are you with your life: Very satisfied, satisfied, dissatisfied, or very dissatisfied?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Very satisfied	31%	36%	44%	44%	32%	36%
Satisfied	60%	56%	51%	49%	61%	57%
Dissatisfied	3%	6%	3%	6%	6%	5%
Very dissatisfied	3%	2%	0%	1%	1%	1%
Do not know	3%	0%	2%	1%	1%	1%

IntStress. How much of a hassle were the following things for you – did they cause no stress, some stress, moderate stress, or severe stress for you during the past 12 months?

		Adams	Franklin	Lancaster	Lebanon	York	Total
Worries about food, shelter, health care, and transportation	No stress	73%	70%	75%	79%	80%	77%
	Some stress	8%	18%	20%	15%	11%	14%
	Moderate stress	14%	7%	4%	3%	5%	6%
	Severe stress	6%	5%	1%	3%	4%	4%
Money worries like paying bills	No stress	35%	49%	43%	54%	48%	47%
	Some stress	31%	36%	40%	25%	30%	32%
	Moderate stress	27%	12%	13%	11%	13%	14%
	Severe stress	8%	3%	4%	10%	9%	8%
Problems related to family	No stress	49%	39%	42%	47%	37%	41%
	Some stress	33%	41%	38%	34%	43%	40%
	Moderate stress	13%	10%	12%	15%	13%	13%
	Severe stress	5%	10%	8%	4%	7%	7%
Having to move, either recently or in the future	No stress	86%	79%	81%	80%	79%	80%
	Some stress	8%	10%	7%	9%	8%	8%
	Moderate stress	3%	5%	10%	9%	9%	8%
	Severe stress	4%	5%	1%	2%	3%	3%
	Do not know	0%	1%	1%	0%	1%	1%
Recent loss of a loved one	No stress	61%	79%	74%	67%	66%	69%
	Some stress	28%	14%	16%	16%	15%	17%
	Moderate stress	9%	3%	6%	9%	9%	8%
	Severe stress	2%	3%	4%	8%	9%	7%
	Do not know	1%	1%	0%	0%	1%	1%
Sexual, emotional, or physical abuse	No stress	84%	94%	94%	91%	92%	91%
	Some stress	13%	5%	5%	6%	4%	5%
	Moderate stress	2%	0%	1%	0%	3%	2%
	Severe stress	2%	1%	1%	3%	1%	2%
Problems with alcohol or drugs	No stress	94%	97%	99%	98%	94%	95%
	Some stress	2%	1%	1%	0%	5%	3%
	Moderate stress	5%	2%	0%	1%	1%	2%
	Severe stress	0%	0%	0%	0%	1%	0%
	Do not know	0%	0%	0%	1%	0%	0%
Work or job problems	No stress	53%	52%	54%	58%	52%	53%
	Some stress	26%	31%	27%	19%	23%	24%
	Moderate stress	16%	13%	12%	14%	15%	14%
	Severe stress	5%	5%	7%	8%	11%	8%
	Do not know	0%	0%	0%	1%	0%	0%
Problems with your friends	No stress	73%	75%	83%	86%	81%	80%
	Some stress	27%	22%	12%	10%	13%	15%
	Moderate stress	0%	1%	4%	4%	4%	3%
	Severe stress	0%	2%	0%	0%	2%	1%
	Do not know	0%	0%	1%	0%	0%	0%
Feeling generally ``overloaded´´	No stress	33%	32%	34%	37%	35%	34%
	Some stress	31%	37%	38%	38%	33%	35%
	Moderate stress	16%	26%	22%	15%	18%	19%
	Severe stress	20%	5%	6%	9%	14%	12%
Crime or safety in your neighborhood	No stress	89%	88%	85%	88%	89%	88%
	Some stress	6%	6%	13%	12%	11%	10%
	Moderate stress	5%	6%	3%	1%	1%	2%
	Severe stress	0%	0%	0%	0%	0%	0%

Anxiety and Depression

Now, I am going to ask you some questions about your mood. When answering these questions, please think about how many days each of the following has occurred in the past 2 weeks. Over the last 2 weeks, how many days have you…

		Adams	Franklin	Lancaster	Lebanon	York	Total
Had little interest or pleasure in doing things?	None	55%	50%	51%	53%	50%	51%
	1 or more days	45%	50%	49%	47%	50%	49%
Felt down, depressed or hopeless?	None	60%	55%	50%	53%	52%	53%
	1 or more days	40%	45%	50%	47%	48%	47%
Had trouble falling asleep or staying asleep or sleeping too much?	None	37%	40%	42%	43%	32%	36%
	1 or more days	63%	60%	58%	57%	69%	64%
Felt tired or had little energy?	None	17%	28%	28%	33%	25%	26%
	1 or more days	83%	72%	72%	67%	75%	74%
Had a poor appetite or eaten too much?	None	51%	53%	50%	55%	44%	49%
	1 or more days	49%	47%	50%	45%	56%	52%
Felt bad about yourself or that you were a failure or had let yourself or your family down?	None	66%	63%	56%	66%	64%	63%
	1 or more days	34%	37%	44%	34%	36%	37%
Had trouble concentrating on things, such as reading the newspaper or watching the TV?	None	64%	64%	57%	58%	61%	61%
	1 or more days	36%	36%	43%	42%	39%	39%
Moved or spoken so slowly that other people could have noticed? Or the opposite - being so fidget	None	79%	75%	71%	83%	76%	76%
	1 or more days	22%	25%	29%	17%	24%	24%

TRAUMA1. Sometimes things happen to people that are unusually or especially frightening, horrible, or traumatic. For example, a serious accident or fire, a physical or sexual assault or abuse, an earthquake or flood, a war, seeing someone be killed or seriously injured, or having a loved one die through homicide or suicide. Have you ever experienced this kind of event?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Yes	46%	43%	40%	48%	49%	46%
No	53%	57%	58%	50%	50%	52%
Do not know	1%	0%	2%	2%	1%	1%

MH2. In the past 12 months, have you wanted but not sought help for mental health because …

	Adams	Franklin	Lancaster	Lebanon	York	Total
No, did not want care	74%	75%	78%	79%	74%	76%
You are not comfortable asking others for this kind of help	6%	4%	8%	6%	6%	6%
You could not afford it	2%	4%	6%	4%	8%	6%
Received mental health care as needed	3%	5%	1%	5%	3%	3%
You did not have insurance	2%	2%	1%	1%	3%	2%
Too busy, no time	4%	1%	2%	0%	2%	2%
Did not need help for mental health	2%	1%	1%	1%	1%	1%
Lack of availability/providers	0%	2%	1%	0%	2%	1%
You did not have transportation	0%	0%	3%	1%	1%	1%
No reason for not seeking care	3%	0%	0%	0%	1%	1%
Trying to find provider who fits needs	2%	1%	1%	0%	1%	1%
Waitlist was full, on waitlist	0%	0%	0%	0%	1%	1%
Not effective, does not believe in it	0%	1%	0%	0%	0%	0%
Afraid, does not like doctors	0%	0%	0%	1%	0%	0%
Other	0%	3%	0%	1%	2%	2%
Do not know	5%	3%	6%	3%	3%	3%

**Total may exceed 100% because multiple responses were accepted*

Cope1. If you sometimes experience stress, anxiety, feeling alone, or sadness and think you need help to cope, what do you do?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Talk with friends and family	33%	31%	35%	28%	26%	29%
Pray, church, religion, faith	6%	5%	12%	7%	6%	7%
Exercise	8%	5%	1%	7%	5%	5%
Therapy, Counseling	4%	6%	4%	5%	5%	5%
Hobbies (crafts, garden)	3%	5%	1%	2%	4%	3%
Read, reading	3%	4%	2%	2%	3%	3%
Keep going, deal with it, move on, work through it	3%	5%	0%	4%	3%	3%
N/A: Do not have these feelings, No experience	1%	2%	3%	2%	3%	3%
Cope by myself	2%	2%	3%	4%	2%	3%
Mediation, breathing	5%	2%	3%	3%	2%	3%
Electronics (TV, online)	1%	1%	1%	2%	3%	2%
Sleep	0%	1%	2%	6%	2%	2%
Walk	1%	2%	2%	3%	3%	2%
Medication	0%	0%	1%	2%	3%	2%
Music	1%	3%	2%	2%	2%	2%
Seek help (in general)	3%	1%	1%	1%	1%	1%
Relax (in general)	0%	0%	3%	0%	2%	1%
Drink (alcohol)	4%	1%	1%	1%	0%	1%
Spend time with pets	0%	0%	0%	1%	1%	1%
Cry	0%	0%	0%	1%	1%	1%
Drive	0%	0%	0%	1%	1%	1%
Smoke cigarettes or in general	1%	0%	1%	0%	1%	1%
Eat	0%	0%	1%	0%	0%	0%
Other	1%	2%	0%	0%	1%	1%
Nothing	15%	21%	20%	13%	16%	17%
Do not know	3%	2%	2%	5%	3%	3%

**Total may exceed 100% because multiple responses were accepted*

Social Context

The following questions are about several factors that can affect a person's health. Did any of the following hardships happen to you in the last 12 months…

		Adams	Franklin	Lancaster	Lebanon	York	Total
Did you fall behind in paying your rent or mortgage?	Yes	7%	7%	5%	5%	8%	7%
	No	93%	93%	95%	95%	92%	93%
	Do not know	0%	0%	0%	0%	0%	0%
Were you evicted from your apartment or house?	Yes	2%	3%	1%	1%	0%	1%
	No	98%	97%	100%	99%	100%	99%
	Do not know	0%	0%	0%	0%	0%	0%
Did you have any utilities, such as water, heat, or electricity, shut off because you couldn't afford it?	Yes	5%	2%	2%	5%	2%	3%
	No	95%	99%	98%	95%	98%	97%
	Do not know	0%	0%	0%	0%	0%	0%
Were you unable to purchase needed food because you couldn't afford it?	Yes	10%	7%	5%	6%	8%	7%
	No	91%	93%	95%	94%	91%	92%
	Do not know	0%	0%	0%	0%	1%	0%
Were you unable to get needed medical care because you couldn't afford it?	Yes	8%	12%	4%	9%	10%	9%
	No	92%	88%	96%	91%	90%	91%
	Do Not Know	0%	0%	0%	0%	0%	0%
Did you lack health insurance coverage?	Yes	8%	13%	6%	7%	7%	8%
	No	92%	87%	94%	93%	93%	92%
	Do Not Know	0%	0%	0%	0%	0%	0%
Were you let go or permanently laid off from your job?	Yes	4%	7%	2%	4%	5%	5%
	No	96%	93%	98%	96%	95%	95%
	Do Not Know	0%	0%	0%	0%	0%	0%
Did you experience a reduction in pay for any reason?	Yes	17%	17%	12%	15%	14%	15%
	No	83%	83%	87%	85%	86%	85%
	Do Not Know	0%	0%	0%	0%	0%	0%
Were you unemployed and looking for work for as long as a month?	Yes	4%	16%	5%	12%	7%	9%
	No	96%	84%	95%	88%	93%	92%
	Do Not Know	0%	0%	1%	0%	0%	0%
Were you worried that your food would run out before you got money to buy more?	Yes	12%	9%	6%	5%	10%	9%
	No	88%	91%	94%	94%	90%	91%
	Do not know	0%	0%	0%	1%	0%	0%
Were you unable to get any needed prescription medications because you couldn't afford it?	Yes	7%	7%	6%	6%	7%	7%
	No	92%	93%	94%	93%	92%	93%
	Do not know	1%	0%	0%	1%	0%	0%
Did you skip or reduce your meals?	Yes	19%	20%	16%	9%	13%	14%
	No	81%	80%	85%	92%	86%	85%
	Do not know	0%	0%	0%	0%	1%	1%
Were you unable to purchase needed GAS because you couldn´t afford it?	Yes	6%	8%	6%	5%	5%	6%

	No	94%	91%	94%	95%	95%	94%
	Do not know	0%	1%	0%	0%	0%	0%
For financial reasons, did you have to temporarily live with others or in a shelter or on the street during the last 12 months?	Yes	6%	4%	3%	4%	1%	3%
	No	94%	96%	97%	96%	99%	98%
	Do not know	0%	0%	0%	0%	0%	0%

E11. To what degree do you feel grief, loss and burnout has impacted you: not at all, a fair amount, somewhat, a moderate amount, or a great deal?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Not at all	43%	38%	45%	52%	40%	42%
A fair amount	17%	19%	14%	10%	14%	14%
Somewhat	22%	20%	22%	17%	21%	21%
A moderate amount	13%	12%	10%	8%	13%	12%
A great deal	6%	11%	7%	11%	11%	10%
Do not know	0%	1%	2%	2%	1%	1%

Housing

HS1. Do you currently rent your home, own your home, is it someone else's home, or is it some other type of place?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Rent	20%	15%	12%	15%	20%	18%
Own	62%	78%	85%	74%	75%	75%
Someone else's home	17%	4%	2%	6%	3%	5%
Other type of place	2%	3%	1%	4%	2%	2%

HS1b. In the past two years, have you been homeless, couch surfing, or stayed in a shelter?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Yes	4%	1%	1%	0%	2%	2%
No	96%	99%	99%	100%	98%	99%

HS2. On a scale of 1 to 7 where 1 means "not at all worried" and 7 means "extremely worried", how worried are you that you will not be able to pay your rent or mortgage next month?

	Adams	Franklin	Lancaster	Lebanon	York	Total
1 - not at all worried	79%	78%	81%	90%	81%	81%
2	2%	5%	12%	2%	6%	6%
3	8%	1%	1%	0%	3%	2%
4	3%	3%	2%	2%	1%	2%
5	1%	6%	1%	1%	2%	2%
6	2%	1%	0%	1%	1%	1%
7 - extremely worried	2%	0%	2%	5%	3%	2%
Not applicable	3%	2%	2%	0%	4%	3%
Do not know	0%	4%	0%	0%	0%	1%

RESY. How many years have you lived at your current residence?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Less than one year	0%	1%	1%	8%	5%	4%
1-5 years	46%	43%	37%	31%	37%	38%
6-10 years	26%	17%	19%	20%	16%	18%
11-20 years	6%	23%	14%	24%	15%	16%
21 or more years	22%	17%	30%	18%	27%	24%

A4. How safe do you feel in this neighborhood? Not at all safe, somewhat unsafe, somewhat safe, or very safe?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Not at all safe	0%	1%	0%	0%	0%	0%
Somewhat unsafe	0%	2%	4%	2%	2%	2%
Somewhat safe	8%	11%	11%	5%	10%	9%
Very safe	92%	86%	85%	92%	88%	88%
Do not know	0%	0%	0%	1%	1%	0%

R3. Excluding any assistance you might receive or someone living with you, how much is the total rent each week or month?

	Adams	Franklin	Lancaster	Lebanon	York	Total
	n=12	n=14	n=17	n=12	n=31	n=86
Less than $500	8%	7%	6%	8%	6%	7%
$500-1,000	58%	64%	24%	33%	45%	45%
1,001-1,500	33%	21%	35%	25%	26%	28%
$1,501 or higher	0%	7%	35%	33%	22%	21%

R5. Since living at this place, how often have you or the people you lived with been late with a rent payment? Always, Often, Sometimes, Rarely, or Never?

	Adams	Franklin	Lancaster	Lebanon	York	Total
	n=20	n=18	n=12	n=16	n=79	n=147
Always	0%	0%	0%	0%	6%	3%
Often	4%	0%	0%	0%	0%	1%
Sometimes	2%	0%	0%	0%	9%	5%
Rarely	18%	24%	18%	16%	9%	14%
Never	76%	76%	82%	85%	76%	77%

E1. An eviction is when your landlord forces you to move when you don't want to. A landlord might force you to move because you didn't pay your rent, because you damaged the property, or for any number of other reasons. Sometimes a landlord gives you a paper, or tapes a paper to your door, saying you have to move. Sometimes you go to court; other times you don't. Whatever the case, an eviction happens when you move out because a landlord makes you. Were you, or a person you were staying with evicted from a place in the last two years?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Yes	3%	1%	0%	4%	0%	1%
No	97%	99%	100%	96%	100%	99%
Do not know	0%	0%	0%	0%	0%	0%

E2. How many times were you or a person you were staying with evicted in the last two years?

	Adams	Franklin	Lancaster	Lebanon	York	Total
	n=3	n=1	n=1	n=4	n=2	n=10
None	0%	0%	0%	15%	0%	6%
1	100%	100%	100%	85%	100%	94%

E4. Were you, or a person you were staying with, evicted because you or they fell behind in rent?

	Adams	Franklin	Lancaster	Lebanon	York	Total
	n=3	n=1	n=1	n=4	n=2	n=10
Yes	0%	100%	100%	43%	100%	48%
No	100%	0%	0%	57%	0%	52%

FP4. Which of the following statements best describes your household's general financial situation:

	Adams	Franklin	Lancaster	Lebanon	York	Total
Have enough money to go beyond each payday	52%	76%	79%	74%	71%	71%
Living payday to payday	40%	22%	19%	24%	18%	22%
Sometimes don't have enough money for basics	9%	2%	2%	2%	11%	7%
Do not know	0%	0%	0%	0%	1%	1%

FP5. Which of the following statements best describe your general feelings about your current debt:

	Adams	Franklin	Lancaster	Lebanon	York	Total
Don't have any debt	8%	29%	32%	34%	24%	25%
Manage debt without any setbacks	53%	38%	45%	44%	44%	44%
Occasional difficulties but making progress	37%	24%	18%	13%	23%	23%
Never able to make any progress	3%	5%	3%	9%	8%	7%
Do not know	0%	2%	0%	0%	0%	0%

Food

FF1. How many days in the past WEEK did you prepare your evening meal at home?

	Adams	Franklin	Lancaster	Lebanon	York	Total
none	0%	9%	4%	6%	4%	5%
1-3 days	26%	10%	9%	15%	16%	15%
4-6 days	39%	32%	63%	45%	51%	48%
7 days - Every day	35%	48%	25%	32%	29%	32%
Do not know	0%	0%	0%	2%	1%	1%

How many days in the past week did you purchase or receive food from the following sources:

		Adams	Franklin	Lancaster	Lebanon	York	Total
A senior center or food pantry?	none	93%	99%	98%	94%	94%	95%
	1-3 days	1%	1%	2%	6%	5%	4%
	4-6 days	5%	0%	0%	0%	0%	1%
	Every day	0%	0%	0%	0%	0%	0%
	Do not know	1%	0%	1%	0%	1%	1%
A Wal Mart, Target, or other big box store?	none	51%	41%	48%	48%	54%	50%
	1-3 days	44%	50%	45%	51%	41%	45%
	4-6 days	3%	7%	1%	1%	3%	3%
	Every day	2%	0%	3%	0%	2%	2%
	Do not know	0%	1%	3%	0%	0%	1%
Convenience store, or corner store?	none	83%	65%	64%	81%	68%	71%
	1-3 days	12%	33%	32%	18%	28%	26%
	4-6 days	6%	0%	4%	1%	3%	2%
	Every day	0%	0%	0%	0%	1%	0%
	Do not know	0%	1%	1%	0%	1%	1%
A farmer's market?	none	95%	85%	65%	88%	82%	82%
	1-3 days	5%	15%	30%	12%	18%	17%
	4-6 days	0%	0%	5%	0%	0%	1%
	Every day	0%	0%	0%	0%	0%	0%
	Do not know	0%	0%	1%	0%	0%	0%
A grocery store such as Giant, Weis, or Food Lion?	none	13%	25%	18%	21%	15%	18%
	1-3 days	80%	66%	76%	69%	79%	75%
	4-6 days	6%	4%	5%	8%	3%	5%
	Every day	2%	4%	1%	1%	2%	2%
	Do not know	0%	1%	0%	0%	1%	1%
A fast food or chain restaurant?	none	30%	47%	32%	38%	44%	40%
	1-3 days	61%	44%	65%	57%	52%	54%
	4-6 days	9%	9%	2%	4%	2%	4%
	Every day	0%	0%	1%	1%	2%	1%
	Do not know	0%	0%	1%	0%	1%	0%
A dollar store?	none	73%	87%	85%	93%	84%	85%
	1-3 days	27%	13%	14%	7%	15%	14%
	4-6 days	0%	0%	1%	0%	0%	0%
	Every day	0%	0%	0%	0%	0%	0%
	Do not know	0%	0%	1%	0%	1%	0%

FS2. Has your household used a food bank, food pantry or other food distribution service within the past year?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Yes	11%	14%	12%	9%	9%	10%
No	89%	86%	88%	91%	91%	90%

F5. Do you or does anyone in your household receive food stamps, SNAP, or EBT?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Yes	11%	17%	8%	18%	9%	12%
No	89%	83%	92%	79%	91%	88%
Do not know	0%	0%	0%	4%	0%	1%

Do you strongly agree, somewhat agree, somewhat disagree or strongly disagree with the following statements about how well you sleep each night.

		Adams	Franklin	Lancaster	Lebanon	York	Total
I often feel drowsy during the day, more than I expect is normal.	Strongly agree	7%	17%	11%	11%	14%	13%
	Somewhat agree	27%	31%	19%	30%	24%	26%
	Somewhat disagree	36%	13%	21%	21%	19%	20%
	Strongly disagree	30%	39%	49%	33%	42%	40%
	Do not know	0%	0%	1%	6%	0%	1%
I feel unrefreshed or tired in the morning despite sleeping at night.	Strongly agree	21%	15%	10%	21%	16%	16%
	Somewhat agree	30%	40%	36%	35%	33%	35%
	Somewhat disagree	27%	16%	20%	14%	16%	17%
	Strongly disagree	22%	28%	32%	30%	34%	31%
	Do not know	0%	0%	1%	0%	0%	0%
I have trouble falling asleep.	Strongly agree	15%	21%	9%	15%	19%	17%
	Somewhat agree	24%	23%	17%	24%	25%	23%
	Somewhat disagree	21%	11%	17%	11%	13%	14%
	Strongly disagree	40%	44%	56%	50%	44%	46%
	Do not know	0%	2%	1%	0%	0%	1%
I have trouble remaining asleep.	Strongly agree	18%	19%	8%	9%	20%	16%
	Somewhat agree	25%	31%	23%	26%	31%	29%
	Somewhat disagree	20%	18%	14%	17%	18%	17%
	Strongly disagree	38%	32%	54%	46%	31%	37%
	Do not know	0%	0%	1%	2%	0%	1%
I awaken frequently during the night.	Strongly agree	16%	19%	10%	11%	17%	15%
	Somewhat agree	30%	35%	29%	33%	38%	35%
	Somewhat disagree	26%	18%	23%	14%	17%	18%
	Strongly disagree	28%	29%	38%	42%	27%	31%
	Do not know	1%	1%	1%	0%	0%	0%

Policy-oriented Questions

HEALTHPROB. This survey has asked about many different health-related topics. What do you think is the most important health problem confronting your community today?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Mental Health (depression, anxiety)	23%	14%	13%	16%	18%	17%
Affordability, Cost of care	10%	5%	10%	12%	11%	10%
Obesity	6%	9%	7%	9%	8%	8%
Access to care (insurance)	4%	3%	6%	6%	4%	5%
Addiction, drug use	3%	4%	4%	2%	5%	4%
Cancer	2%	4%	1%	1%	4%	3%
Diet, Nutrition	5%	2%	5%	1%	2%	3%
Quality of care in area	0%	6%	1%	4%	2%	3%
Availability (appointments, timely)	1%	1%	0%	2%	3%	2%
Limited providers	4%	3%	0%	1%	2%	2%
Heart disease	0%	1%	2%	2%	2%	2%
Negative comment about government CDC, etc.	3%	1%	1%	1%	1%	1%
Aging, elder care	1%	1%	2%	2%	1%	1%
Cost of prescriptions	2%	1%	0%	1%	1%	1%
COVID-19	1%	0%	1%	1%	1%	1%
Poverty	1%	2%	2%	0%	1%	1%
Anti-vaccination	1%	1%	0%	1%	1%	1%
Vaccine misinformation	0%	1%	1%	1%	1%	1%
Food insecurity	1%	0%	0%	0%	1%	1%
Lack of Exercise	0%	1%	2%	0%	0%	1%
Affordable Housing	0%	0%	0%	0%	1%	1%
Other	13%	9%	10%	20%	10%	12%
Do not know	20%	29%	31%	19%	19%	22%

ImpHS. What, if anything, should be done to improve the health and meet the health needs of your local community?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Access to healthcare of all	4%	5%	4%	11%	8%	7%
Affordability/availability of healthy food	3%	6%	4%	6%	5%	5%
Reduce cost/fees for medical services	2%	2%	8%	4%	5%	4%
STAFFING (additional doctors; staff; compensation, interaction)	7%	5%	1%	3%	4%	4%
Additional (access) mental health resources	6%	2%	1%	3%	5%	4%
Education	0%	2%	1%	3%	4%	3%
Community outreach to increase health awareness	3%	4%	3%	2%	3%	3%
Access/Affordability health-oriented recreation (yoga, gym)	0%	4%	3%	3%	1%	2%
Improved access to preventative health (flu shots)	1%	3%	0%	1%	3%	2%
Reduce cost of health insurance	2%	3%	1%	2%	2%	2%
Universal Healthcare	3%	0%	1%	2%	3%	2%
Improve healthcare, in general	0%	2%	1%	1%	3%	2%
Additional general practice physicians, more convenient times	1%	2%	0%	1%	2%	1%
Health clinic	3%	3%	0%	0%	1%	1%
Nutrition education	0%	0%	4%	3%	1%	1%
Social connections	3%	0%	0%	1%	1%	1%
Access to transportation	2%	3%	2%	0%	0%	1%
Affordability of medications	0%	1%	2%	1%	1%	1%
Access to affordable housing	2%	1%	0%	0%	1%	1%
WellSpan (Any mention)	1%	1%	0%	1%	1%	1%
Additional services/resources for seniors	0%	1%	2%	1%	1%	1%
Addiction services (not related to mental health)	1%	0%	0%	0%	1%	1%
Government out of health care (not related to Covid)	0%	1%	0%	2%	0%	1%
Personal Responsibility	2%	0%	0%	0%	1%	1%
Assistance for homeless population	0%	1%	0%	1%	0%	0%
Healthier grocery options	0%	0%	0%	0%	1%	0%
Improve air quality	1%	0%	0%	0%	0%	0%
Spirituality, Religion	0%	0%	0%	0%	1%	0%
Ease of billing/payment	1%	0%	0%	0%	0%	0%
Other	14%	8%	6%	12%	11%	10%
None, nothing	3%	1%	2%	3%	1%	1%
Do not know	34%	42%	54%	34%	33%	37%

Demographics

Race4. Which of the following categories best describes your racial background?

	Adams	Franklin	Lancaster	Lebanon	York	Total
White	94%	92%	98%	87%	88%	90%
Hispanic	4%	1%	0%	8%	7%	5%
Black	0%	6%	0%	4%	4%	3%
Other	2%	1%	2%	1%	2%	2%

We are interested in knowing whether you have experienced any unfair treatment because of your race, ethnicity, or cultural background. Within the past 12 months, that is since [one year ago date], have you felt treated unfairly when you were…

		Adams	Franklin	Lancaster	Lebanon	York	Total
At work?	Yes	5%	3%	3%	7%	6%	5%
	No	95%	96%	97%	92%	94%	94%
	Do not know	0%	1%	1%	1%	0%	1%
At school?	Yes	1%	1%	0%	2%	2%	1%
	No	99%	98%	99%	97%	99%	98%
	Do not know	0%	1%	0%	2%	0%	1%
Getting medical care?	Yes	0%	2%	0%	3%	4%	3%
	No	100%	98%	99%	97%	95%	97%
	Do not know	0%	0%	1%	1%	0%	1%
On the street or in a public setting, like a restaurant or store?	Yes	8%	5%	2%	7%	5%	5%
	No	91%	94%	97%	92%	94%	94%
	Do not know	0%	1%	1%	1%	1%	1%
By police or in the courts?	Yes	4%	2%	3%	2%	3%	3%
	No	66%	66%	56%	70%	62%	63%
	No interaction with police or court in the past 12 months	31%	32%	42%	28%	35%	34%
	Do Not Know	0%	0%	0%	0%	0%	0%
On social media?	Yes	8%	4%	6%	5%	9%	7%
	No	90%	93%	90%	94%	89%	90%
	Do not know	2%	4%	4%	1%	3%	3%

CRIME1. Do you have a criminal record?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Yes	7%	6%	1%	4%	6%	5%
No	93%	93%	98%	96%	93%	94%
Do not know, not sure	0%	1%	1%	0%	0%	1%

CRIME2. Do you have a felony on your record?

	Adams	Franklin	Lancaster	Lebanon	York	Total
	n=13	n=14	n=2	n=9	n=49	n=86
Yes	37%	36%	0%	32%	6%	18%
No	63%	64%	100%	68%	94%	83%
Do not know, not sure	0%	0%	0%	0%	0%	0%

MAR. What is your current marital status, are you single, a member of an unmarried couple, married, divorced, widowed, or separated?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Single (never married)	13%	18%	11%	24%	19%	18%
A member of an unmarried couple	15%	2%	4%	7%	5%	6%
Married	58%	57%	70%	55%	54%	57%
Divorced	8%	14%	7%	5%	11%	10%
Widowed	5%	8%	6%	7%	8%	7%
Separated	1%	1%	2%	3%	3%	2%

NumC. How many children LESS than 18 years of age live in your household?

	Adams	Franklin	Lancaster	Lebanon	York	Total
None	59%	68%	59%	71%	74%	69%
1	23%	9%	11%	13%	10%	12%
2-4 children	18%	23%	26%	14%	15%	18%
5 or more	0%	0%	4%	3%	1%	1%

**Questions C1 through C5 asked only of those with children; Adams n=72; Franklin n=77; Lancaster n=88; Lebanon n=71; York n=197; Total n=506*

C1. What is the biggest problem or issue that you and your children have dealt with in the last year?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Family Health Problems	11%	2%	9%	4%	7%	7%
Finances	12%	8%	4%	6%	5%	7%
Mental Health (anxiety, depression, etc.)	8%	0%	4%	5%	10%	6%
Education, school - home school, virtual School, other, in general	2%	11%	4%	0%	6%	5%
Child's Medical Diagnosis (Autism, ADHD)	2%	11%	2%	1%	7%	5%
Behavioral problems	3%	5%	14%	2%	2%	5%
Childcare	4%	11%	4%	0%	3%	4%
Divorce, separation	0%	4%	0%	0%	5%	3%
Bullying	1%	2%	5%	1%	2%	2%
Food insecurity	0%	0%	6%	0%	2%	2%
Lack of family time	0%	3%	5%	0%	1%	2%
Parent's employment	0%	3%	3%	1%	0%	1%
Domestic Violence	0%	0%	0%	0%	1%	1%
Other	16%	11%	9%	30%	11%	14%
Nothing	30%	29%	17%	47%	31%	30%
Do not know	12%	0%	13%	3%	8%	7%

C2. How often do you feel you could use some guidance in dealing with the issues and problems your children are facing: frequently, often, sometimes or never?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Frequently	9%	2%	9%	4%	6%	6%
Often	4%	17%	13%	3%	18%	13%
Sometimes	49%	43%	64%	26%	50%	48%
Never	32%	37%	13%	65%	26%	32%

Do not know	5%	1%	1%	2%	0%	1%

C5. Have any of your children had a problem with drugs or alcohol in the past 12 months?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Yes	4%	0%	0%	0%	5%	2%
No	96%	100%	99%	100%	96%	97%
Do not know, not sure	0%	0%	2%	0%	0%	0%

NumA. Including yourself, how many adults 18 years of age or older currently live in this household?

	Adams	Franklin	Lancaster	Lebanon	York	Total
1	16%	25%	18%	25%	26%	24%
2	70%	59%	67%	57%	54%	58%
3	5%	8%	8%	11%	13%	10%
4 or more	10%	7%	7%	8%	7%	8%

CG1. Some people play the role of caregiver as part of their daily lives, which means they are responsible for meeting the physical and psychological needs of others. Do you act as an unpaid caregiver for another ADULT, such as a spouse, sibling, aunt, uncle, parent, or grandparent?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Yes	14%	19%	11%	16%	21%	18%
No	85%	81%	89%	82%	78%	81%
Do not know, not sure	1%	0%	0%	2%	1%	1%

CG1a. Do you care for someone regularly, on a daily basis?

	Adams	Franklin	Lancaster	Lebanon	York	Total
	n=25	n=45	n=23	n=38	n=161	n=292
Yes	77%	74%	72%	58%	69%	69%
No	23%	24%	28%	42%	31%	31%
Do not know	0%	2%	0%	0%	0%	0%

EDUC. What is the highest grade or year of school you completed? Elementary school, some high school, high school, some college or technical school, or are you a college graduate?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Never attended school or only attended kindergarten	0%	0%	0%	0%	0%	0%
Grades 1 through 8 (Elementary)	3%	1%	8%	3%	0%	2%
Grades 9 through 11 (Some high school)	1%	3%	6%	3%	0%	2%
Grade 12 or GED (High school graduate)	27%	30%	25%	31%	18%	24%
College 1 year to 3 years (Some college or technical school)	49%	38%	39%	37%	41%	41%
College 4 years or more (College graduate)	21%	27%	22%	27%	40%	32%

S12_9. Are you currently employed for wages, self-employed, been out of work for more than one year, been out of work for less than one year, are you a homemaker, a student, retired, or are you unable to work?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Employed for wages,	60%	50%	58%	53%	55%	55%
Self-employed,	4%	8%	10%	8%	6%	7%
Out of work for MORE than one year	0%	2%	1%	0%	2%	1%
Out of work for LESS than one year	1%	1%	2%	2%	2%	2%

A Homemaker	3%	3%	7%	1%	3%	3%
A Student	0%	3%	0%	1%	1%	1%
Retired	28%	29%	22%	29%	31%	29%
Unable to work	3%	4%	1%	7%	2%	3%

INCOME. What is your annual household income from all sources?

	Adams	Franklin	Lancaster	Lebanon	York	Total
Under $10,000	0%	1%	1%	2%	2%	1%
$10-$15,000	3%	3%	1%	3%	1%	2%
$15-20,000	0%	1%	2%	4%	1%	2%
$20-25,000	4%	1%	2%	3%	4%	3%
$25 - 35,000	6%	7%	3%	3%	5%	5%
$35 - 50,000	13%	12%	18%	8%	9%	11%
$50 - 75,000	18%	14%	18%	11%	16%	16%
Over $75,000	42%	45%	44%	47%	49%	47%
Do not know, Not sure	6%	7%	3%	11%	3%	5%
Prefer not to answer	8%	9%	9%	9%	10%	9%

BMI Category

	Adams	Franklin	Lancaster	Lebanon	York	Total
underweight	0%	1%	0%	3%	1%	1%
normal	22%	28%	29%	26%	28%	27%
overweight	24%	32%	31%	31%	31%	30%
obese	53%	39%	40%	40%	40%	42%

	Weighted	Unweighted
Adams	n=175	n=250
Franklin	n=241	n=252
Lancaster	n=215	n=333
Lebanon	n=239	n=258
York	n=775	n=553