

2025 Community Health Needs Assessment

For 31 years, Healthy York Coalition has proudly worked alongside community partners, united by shared goals, to support and strengthen the health of York County. Together, we listen to our neighbors and learn from one another to understand the county's health needs—reflected in the Community Health Needs Assessment (CHNA). The 2025 CHNA highlights both the challenges and the opportunities that impact the 457,051 people who call York County home.

Healthy York Coalition assesses health needs, convenes community partners and facilitates action to drive progress toward better health for all. **York County**

Demographics

Residential population	457,051			
Median household income	\$79,183			
Poverty	0.40/			

rate

8.4%

Median age

41.0*

County health ranking

31st in state

^{*} Higher than state and national medians



Scan to view the full report or visit wellspan.org/CHNA

Summary of Findings

The 2025 CHNA paints a picture of the health of our community and identifies concerning trends across York County. The data show that health issues in York County are strongly associated with obesity and associated health indicators, including lack of physical activities and poor mental health.



Housing affordability remains a challenge, with the median home value over \$220,700, a 43% increase since 2022.



Most residents report being affected by poor mental health.



Economic disparities persist: People of color have a significantly lower median household income.



71% of residents are considered obese or overweight.



15% of residents do not believe vaccines are generally safe, a barrier to preventative care.



Most children lack access to high-quality pre-K (12.5%).



Health issues related to physical environment, including poor air quality, are significant.



82% of residents are not getting the recommended physical activity.

One or more days with depressive symptoms in past two weeks 61% 59% 64% 65% 73% BMI: Overweight and Obese 66% 68% 72% 73% 71% Experienced any symptoms of not getting enough sleep 71% 68% Stressed about money worries 44% 52% At least one day physical health was not good in past month 39% 39% 45% 45% 52% At least one day mental health was not good in past month 45% 38% 40% 46% 51% No strength training in past month 60% 56% 53% 61% 51% Stressed about recent loss of a loved one 10d not participate in physical activities or exercise in past month 20% 24% 26% 37% 32% Economic hardships (one or more) 39% 36% 37% 22% 31% 19% 1948 and a dentist in past year 24% 26% 27% 31% 1988 not seen a dentist in past year 24% 26% 27% 31% 1989 1990 1990 1990 1990 1990 1990 1990	Indicator	2011	2014	2017	2022	2025	Trends
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	Did not receive health care because of a lack of transportation		7%	6%	4%	3%	

The 2025 Community Health Needs Assessment was completed in partnership with WellSpan Health. Thank you to WellSpan Health for their continued support of Healthy York Coalition.



Get Involved

The CHNA data suggests opportunities to address challenges and opportunities that impact our community. We need your help to make a difference — contact us to get involved!

Natalie Williams, Executive Director

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