

YORK COUNTY

Community Health Needs Assessment 2022



OVERVIEW & METHODOLOGY

Healthy York has been proudly supporting and advancing the health of York County for more than 28 years. Throughout its history, the coalition has collaborated with partners to gain a robust understanding of the community health needs of the county, detailed in a Community Health Needs Assessment report. The 2022 Community Health Needs Assessment highlights the challenges and opportunities within our county, which 445,565 community members call home.



The Healthy York Coalition assesses health needs, convenes community partners and facilitates action to drive progress toward better health for all.

HOW ARE WE DOING?

Survey data show that the health issues of York County residents are strongly associated with obesity and associated indicators, such as poor eating, a lack of physical activities and poor mental health.

Additionally:



Adults are less physically active.



Suicide death rates have increased.



Most residents report being affected negatively by grief, loss and burnout.



African American and Hispanic/ Latino residents are disproportionately likely to be uninsured.



There are sizable income inequities-people of color earn a significantly lower median household income.



Most children living in poverty lack access to high-quality Pre-K (11%).



York County is ranked 24th in the state for County Health Rankings.



Health issues related to the physical environment, including poor air quality are significant.

DEMOGRAPHICS

- Population continues to grow and become more diverse.
- Median home value (\$177,100) and median rent (\$957 monthly)
- Higher median age of York County residents (41.0) than state and nation.
- 9.6% of York Countians are living in poverty, with concentrations in our urban core.
- Median household income (\$66,457) higher than Pennsylvania income (\$61,744).

Scan the QR code to view the full report or visit wellspring.org/media/2729100/2022_CHNA_Report.pdf



Community Health Needs Assessment 2022

Indicator	York County				Trends
	2011	2014	2017	2022	
Did not receive health care because of a lack of transportation		7%	6%	4%	
Used illegal drugs in past year		5%	7%	4%	
Adult e-cigarette vaping (% current vapers)			6%	4%	
Uninsured (% of pop. under age 65 without health insurance)		11%	10%	5%	
Fell behind paying rent or mortgage				5%	
No health insurance any time during past year (ages 18 - 64)		18%	14%	9%	
Did not receive health care in past year because of cost	12%	13%	12%	9%	
Does not get needed social and emotional support	8%	7%	7%	10%	
PHQ-8 current depression indicator-currently depressed	9%	9%	13%	10%	
Skipped or reduced meals				11%	
Ate fast food three or more days in past week		14%	14%	12%	
Does not have a personal physician	12%	12%	16%	12%	
Experienced any unfair treatment b/c of race, ethnicity or cultural background				12%	
Does not believe vaccines are generally safe and effective				13%	
Experienced a reduction in pay				13%	
Binge drinking behavior	15%	16%	19%	14%	
Adult smoking (% current smokers)	22%	24%	19%	15%	
Poor or fair health	14%	17%	16%	16%	
Needs help reading health materials at least occasionally				16%	
Used marijuana one or more days in past month				17%	
Experienced any trauma symptoms				22%	
Has a high-deductible health plan			25%	23%	
Has not seen a dentist in past year	24%	26%	27%	25%	
COVID negatively impacted family finances				26%	
Has not received COVID vaccine				26%	
Economic hardships (one or more)	39%	36%	37%	27%	
No routine check-up with doctor in past 12 months	31%	26%	24%	27%	
Did not participate in physical activities or exercise in past month	20%	24%	26%	37%	
Stressed about recent loss of a loved one				38%	
COVID negatively impacted mental health				43%	
Stressed about money worries				44%	
At least one day physical health was not good in past month	39%	39%	45%	45%	
At least one day mental health was not good in past month	45%	38%	40%	46%	
No strength training in past month	60%	56%	53%	61%	
One or more days with depressive symptoms in past two weeks	61%	59%	64%	65%	
Experienced any symptoms of not getting enough sleep				71%	
BMI: Overweight and Obese	66%	68%	72%	73%	
Did not exercise 30 minutes on five days in past week	79%	83%	84%	82%	

Get Involved

We need your help! Are you interested in getting involved with Healthy York Coalition? Contact us to learn more or to receive Healthy York Coalition communications.

Natalie Williams, Executive Director

Healthy York Coalition, 116 South George St, Ste 101, York, PA 17401

(717) 851-2333 | Info@healthyyork.org

The 2022 Community Health Needs Assessment was completed in partnership with WellSpan Health. Thank you to WellSpan Health for their continued support of Healthy York Coalition.

