

# York County Life Expectancy Study

## Why should we study life expectancy?

Not everyone has the same opportunity to live a healthy life. This Life Expectancy Study – which examines the average age to which people can expect to live – is a powerful tool to show that people living just a few miles apart may have vastly different opportunities for a long life.

## How do these data advance health?

- Help public health officials, local leaders, and community members understand the disparities in health among population groups.
- Start conversations about what is causing these disparities.
- Guide decisions on how to improve our community's health.

## What can we do to improve life expectancy?

From small steps to large policy changes, everyone has a role to play and can work together to address life expectancy disparities.

### Community Members

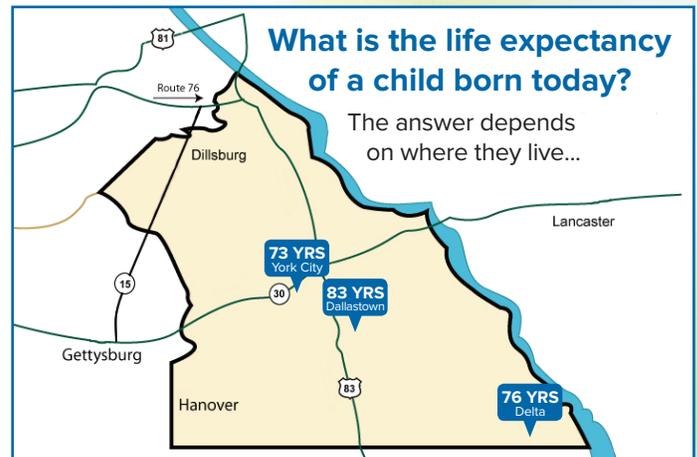
Use these data to guide conversations about what might be causing life expectancy disparities. Once we understand the root issues, we can talk with each other and our elected officials about what changes we want to see – including increased access to healthy foods, affordable housing, new transportation options, or more education and job training opportunities.

### Health & Human Service Professionals

Use these data to ensure that social disparity considerations inform decisions regarding programs and services. Use these data to better inform our community health needs assessments, which will help direct limited dollars to the areas most in need.

### Policymakers and Community Development Officials

Use these data to better understand disparities and make important decisions about public transportation and housing, requirements for physical activity and healthy foods in schools, community safety, access to health care, and much more. Use these data to help decide which neighborhoods most need investment dollars to fund health clinics, schools, preschools, community centers, and other projects that can help improve health.



## Here's what York County residents have to say . . .

“People are just trying to live and pay their bills today. They're not worried about eating healthy.”

“You're supposed to walk 20 minutes a day, but that's a challenge if you're afraid to walk outside.”

“People living in slums deal with toxins, mold, lead, pollution, stress of shootings, clean water, feeling safe in your home, fear of walking outside, fear of getting hit by a car, fear of shoot-outs or drug-deals outside your home, anxiety, mental health . . . it's about quality of life.”

## Three Municipalities: Given the choice, where would you choose to live?

	<b>York City</b> Zip Code 17401 <i>Urban Setting</i>	<b>Delta</b> Zip Code 17314 <i>Rural Setting</i>	<b>Dallastown</b> Zip Code 17313 <i>Suburban Setting</i>	<b>Pennsylvania</b>
How long residents are expected to live: 	72.7 years	76.2 years	82.8 years	<b>78.5 years</b>
Household median income: 	\$25,819	\$53,966	\$52,784	<b>\$59,195</b>
Percent residents from minority backgrounds: 	67.3%	4.9%	6.8%	<b>19%</b>
Percent residents living in poverty: 	47.3%	15.5%	13.1%	<b>12.5%</b>
Owner Occupied Housing Unit: 	26.8%	65.3%	63.4%	<b>69%</b>
Median Age of Residents 	26.6	38.0	41.8	<b>40.4</b>
School District's rank: 	495	290	60	<b>504</b>

### Data sources:

Data for the zip codes' life expectancies was obtained through the Center for Disease Control's (CDC) "Small-Area Life Expectancy Estimates Project." The CDC combined data from the 2011-2015 American Community Survey (ACS) and the 2010 US Census to build these data files.

**Together we can improve our children's future.**

*This study was a project of the Healthy York County Coalition's Access & Empowerment Committee.*

*Thank you to Joseph Kirkenir, MSW, for researching and compiling the data.*

*The full report is a public document available on the coalition's website: [www.healthyyork.org](http://www.healthyyork.org)*

*For more information contact the coalition at (717) 851-2333; or [www.healthyyork.org](http://www.healthyyork.org).*

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